



## Preparation For Surgery Foothill Surgery Center

Sansum Clinic Foothill Surgery Center (FSC) is committed to providing our community the safest possible care throughout the process of having surgery. We understand that patients have added concerns about visiting a health care facility during the COVID-19 pandemic. We continue to closely monitor and carefully follow current policies and recommendations from federal, state and local public health agencies. While we have always maintained our facilities at the highest standards of cleanliness, disinfection and safety as recommended by CMS, CDC and the State of California, we are taking **extra** measures during this pandemic to protect you, as well as our staff. As a result, we have a few policies you should be aware of, which are described below.

### COVID-19 TESTING BEFORE SURGERY

**We will not perform surgery without a negative COVID-19 test result.** Once your surgeon's office determines your surgery date, we will schedule an appointment for you to have a COVID-19 test at our Foothill Medical and Surgical Campus at 4151 Foothill Road Santa Barbara. A nurse will perform the test by swabbing your nose and throat. Please arrive for your test appointment on time. The result will be available in 48 to 72 hours, and will be communicated to FSC, your surgeon and primary physician directly. Anyone with a positive test result will have surgery postponed until they are re-evaluated. If you are undergoing a pain procedure at the FSC, please check with your provider on whether COVID-19 testing is required.

### COVID-19 SAFETY & PREVENTION

We implore all patients to observe current mandated public health and social distancing measures. In the week prior to surgery, please monitor yourself for development of a fever, new cough, shortness of breath or pain with breathing. After you have been tested for COVID-19 we request you self-isolate at home until the day of surgery. Please avoid exposure to anyone who has recently traveled, has any of the above symptoms or who was recently diagnosed with COVID-19. Please call your surgeon or primary care physician if you develop these or other flu-like symptoms. Your surgery will be **cancelled** if you report to FSC with any of these symptoms the day of surgery. Prior to the day of surgery, a preoperative nurse specialist will telephone you to review your health history and provide final instructions, including food and liquid intake, as well as when to come to FSC. You will also be asked about the development of a fever, cough or shortness of breath, exposure to anyone who is or has recently been ill, and travel history.

### DAY OF SURGERY

For your safety, and others, we **require** that you wear a surgical or N95 mask when you come to FSC and at all times when inside the building. If you don't have a mask, one will be provided. Upon entering the front door, you will be greeted by a screener who will ask you a series of COVID-19 screening questions about your recent health and will check your temperature. This screening process is **mandatory** for anyone entering the facility.

### VISITORS TO FSC

We are only admitting certain family members or parents/guardians to the FSC under special circumstances (parent/guardian of a minor, accompanying family of a special needs patient). Visitors who wish to assist FSC patients should wait in their car for discharge, unless the patient is a child. If we need to contact someone to pick you up following surgery, **please** have their phone number with you. We will contact them when you are recovered. Discharge and follow-up instructions will be given to them when you are discharged.

Thank you for your understanding as we aim to safeguard your health through your preparation, surgery and recovery. We appreciate you choosing Sansum Clinic and FSC for your care.