

ON CENTER

Fall 2019 Issue

| | |
|---|----|
| Family Ties | 1 |
| Solvang Branch Information | 2 |
| New Oncologist Dr. Eric Bank | 2 |
| Breast Cancer News | 3 |
| Wellness Offerings | 3 |
| Moving Pictures Film Program | 4 |
| Book Club Member Maureen | 4 |
| Community Lecture Series at Wolf Education & Training Center | 5 |
| Art Heals Reception | 5 |
| Yoga Instructor Cheri Clampett | 5 |
| Supportive Care Programs | 6 |
| Calendar | 8 |
| Art Donation to Healing Garden | 11 |
| IRA Rollover Information | 11 |
| Giving Tuesday | 11 |
| October Walk/Run | 12 |

The Ridley-Tree Cancer Center provides state-of-the-art care to those on the journey to live with, through and beyond cancer by retaining devoted personnel from nationally renowned medical programs, acquiring the latest technology and research protocols, as well as integrating patient support, wellness and survivorship programs. Funding for programs and services is provided through the Cancer Foundation of Santa Barbara.

www.ridleytreec.org www.cfsb.org



Ridley-Tree Cancer Center
at Sansum Clinic

Family Ties: A Story from Solvang *How Genetic Testing Guided Critical Health Decisions*

When 59-year old **Kim Lyon** arrived for her mammogram last fall, thoughts of her mother, diagnosed with breast cancer at this very age, weighed heavily on her mind. She wanted to brush away any superstition, but advice offered ten years ago by breast cancer surgeon **Kimberly Grafton, MD** kept filtering back. When Dr. Grafton treated Kim's daughter for a non-cancerous mass, the physician reviewed the family's medical history, which included her father's death from prostate cancer, and recommended genetic testing. Concerned about what those tests might reveal, "I put it in my back pocket," Kim recalls. "If I had known what I know now, going for the tests would have been a no-brainer."

Her 2018 mammogram and subsequent ultrasound indicated she had stage 1 breast cancer that would require surgery. An Oncotype DX test showed she was at high risk of recurrence and could benefit from chemotherapy. A series of genetic tests organized by Genetic Counselor **Danielle Sharaga, MS, LCGC** uncovered that Kim had a BRCA2 gene mutation, increasing her chances of getting breast and ovarian cancer. The testing also revealed she had Lynch Syndrome, an inherited condition that expands the risk for colon cancer, endometrial cancer and several other cancers. As she weighed a preventative protocol that could include chemotherapy, a hysterectomy (removal of the uterus), an oophorectomy (removal of the ovaries) and a double mastectomy, Kim felt overwhelmed. As a former veterinarian, her medical brain swirled with what could go wrong. "I was really scared internally," she admits. The soothing demeanor of medical oncologist **Thomas Woliver, MD** helped. Kim sensed immediately that he had done a deep dive into her history and was extremely informed on everything from her battle with Lyme disease to her recent genetic tests. "He was just wonderful," Kim describes. "He has a very calm, very up personality. He just kept saying 'We're going to get you through this.' And I believed him."

Kim chose to receive her four rounds of chemotherapy in Solvang, just 30 minutes from her home in Santa Maria. She liked the smaller, intimate character of the set-up and the nurses who not only cared for her during infusion, but would hop on the phone to answer her questions about the side effects she experienced. "I was thrilled to be able to come to Solvang," comments Kim. "I always felt like someone was right there if I needed them. That gave me a lot of comfort." Medical Assistant **Tricia Corman** wrangled with Kim's insurance company



Kim Lyon with her dog Ellie



Ridley-Tree Cancer Center & Specialty Care in Solvang

2040 Viborg Road, Suite 140
Solvang, CA 93463
Phone: (805) 686-5370
Fax: (805) 686-5682

Hours: (closed 12:00-1:00 pm daily)

Monday, Wednesday, Thursday:
8:30 am-5:00 pm

Tuesday: 9:30 am-5:00 pm

Friday: 8:30 am-12:00 noon

Ridley-Tree Cancer Center & Specialty Care in Solvang provides patients in mid-Santa Barbara County with a wide range of services close to home – a unique blend of technology, expertise and personalized care. The location is conveniently located across from Santa Ynez Valley Cottage Hospital and is staffed by Medical Oncologists Dr. Juliet Penn, Dr. Eric Bank and Dr. Thomas Woliver, along with a dedicated team of nurses and support staff. A myriad of programs are available to all patients including patient navigation, oncology nutrition, social work, genetic counseling, clinical trials and research, and survivorship services.

ON
CENTER

A free publication
from Ridley-Tree
Cancer Center

Fall 2019 Issue
Contributors:

Stephanie Carlyle
Jill Fonte
Sam Howland
Alisa Terrell
Lisa Winebrenner
Nicole Young

several times so treatment would be covered. *"I was worried what would happen if I needed to pay, but Tricia pulled it all together just in time,"* relays Kim.

After many discussions with her medical team and her husband, Tom, Kim underwent a hysterectomy, an oophorectomy, a double mastectomy and reconstruction, all within one calendar year. *"I said 'I don't want to wait,'"* she notes. *"I don't want to risk this happening again."* Kim convinced her two daughters and two sisters to receive genetic testing as well. They learned Kim's middle sister has Lynch Syndrome and the BRCA2 gene, and she has since undergone a hysterectomy and double mastectomy. Kim's youngest daughter carries the BRCA2 gene and is weighing her options. *"We have had some really deep talks about how long you want to wait,"* she explains.

Kim is hoping her 60th birthday will mean more time for her part-time job tutoring math students and training her seven-year-old Australian Shepherd for agility competitions. While full recovery is in sight, she is quite serious about encouraging women to not be afraid of genetic tests that could illuminate their cancer risk. *"I was under the assumption that there weren't any true scientific statistics on what my cancer risk would be if I tested positive for a mutation. That was pure ignorance,"* admits Kim. *"Genetic counselors can walk a patient through their lifetime risk and then allow them, with their doctors, to decide the best path to prevent an occurrence of cancer. That's the message I hope to share with my story."* ▲



Kim Lyon with members of her Ridley-Tree medical team

Solvang Branch Welcomes Dr. Eric Bank

In July, the Solvang branch of Ridley-Tree Cancer Center welcomed **Eric Bank, MD**. Dr. Bank is board certified by the American Board of Internal Medicine and arrived from UCLA Olive View/Cedars-Sinai where he completed his hematology and oncology fellowship. Dr. Bank earned his medical degree from Columbia University College of Physicians and Surgeons and did his internal medicine residency at UCLA Medical Center. He is a graduate of Yale University and Santa Barbara High School, and worked as a scribe at the Cottage Hospital Emergency department between college and medical school. Dr. Bank joins medical oncologists **Juliet Penn, MD** and **Thomas Woliver, MD** in serving patients from mid-Santa Barbara County and beyond. ▲



Eric Bank, MD

Breast Cancer News

The Ridley-Tree Cancer Center has two exciting pieces of news to share about breast care. We are excited to welcome a new breast surgeon, **Katrina Mitchell, MD, IBCLC, FACS**, who joins our already-strong breast surgery program started by **Rosa Choi, MD, FACS**. Dr. Mitchell was born and raised in central California. She received her medical degree from Dartmouth Medical School and completed her general surgery residency at New York-Presbyterian/Weill Cornell Medical Center. She was a Cornell global health scholar and completed a multi-year research fellowship in Tanzania, East Africa. She worked with Cornell as surgery staff in Tanzania before returning to the U.S. for her breast surgical oncology fellowship training at MD Anderson Cancer Center in Houston. Most recently, Dr. Mitchell practiced as a breast surgeon at Presbyterian Healthcare, an MD Anderson Cancer Center Network hospital in Albuquerque, New Mexico. She is a lactation consultant, a member of the Academy of Breastfeeding Medicine, and has a special interest in pregnancy-associated and postpartum breast cancer. She also treats challenging complications of lactation. When she's not working, she enjoys spending time with her son in the outdoors, reading and traveling. If you'd like to schedule an appointment with Dr. Mitchell, please call the Surgical Oncology office at **(805) 879-0680**.

August marked big news for the **Santa Barbara Breast Care Alliance (SBBCA)**, a community-based breast care Center of Excellence, which received recertification for another three-year term. The SBBCA brings together specialists from Ridley-Tree Cancer Center and other Santa Barbara organizations to deliver optimal, personalized patient care using a multi-disciplinary approach. Certification is granted by the **National Accreditation Program for Breast Centers (NAPBC)** and requires that we meet rigorous standards in all aspects of the evaluation and management of breast disease. **Fred Kass, MD** has served as head of the Alliance for the past three years and will continue in that role. The NAPBC certification assures patients they can expect comprehensive and high-quality care for breast cancer at Ridley-Tree Cancer Center.

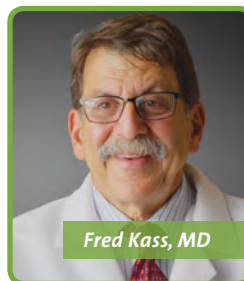
We are proud to provide comprehensive care for our patients with breast cancer. In addition to our outstanding physicians in Radiation Oncology, Medical Oncology and Surgical Oncology, we have highly-trained staff on site to provide additional services. These include oncology dietitian nutritionists, patient navigators, genetic counselors, a music therapist, social workers, support groups, a variety of wellness classes and a well-stocked resource library. We encourage patients to take advantage of these programs and services to make the path through treatment a bit easier. ▲



Katrina Mitchell, MD, IBCLC, FACS with her son



Rosa Choi, MD, FACS



Fred Kass, MD



Wellness Offerings – Fall 2019

LECTURE The Benefits of Tai Chi for Patients with Cancer

Instructor Jerry Pearson reveals how an ancient Chinese tradition can be used to calm the mind and reduce stress. Oct. 17th 3:00-4:00 pm

FOUR-WEEK CLASSES QiGong Basics

This class uses a Chinese practice shown to help with some of the side effects of cancer. This series will demonstrate QiGong postures, movements and breathing techniques. Starting September 5.

Men's Relaxation

Men are encouraged to feel a renewed sense of personal control in their lives and in their health by learning QiGong techniques to calm their minds and bodies. Starting October 10.

The Power of Gratitude

Come learn practical tools to cultivate a spirit of gratitude, which can be a powerful antibody during a difficult season in your life. Starting November 7.

Holiday Stress Reduction

Get help learning to implement stress reduction practices during difficult times so your body can focus on healing and mending itself. Starting December 12.

RSVP Required:
Call (805) 879-569-5678 or email wellness@ridleytreecc.org

All above events are held at Tippy's Cove Multipurpose Room (2nd floor).



Santa Barbara INTERNATIONAL Film FESTIVAL

The Ridley-Tree Cancer Center in partnership with the Santa Barbara International Film Festival is pleased to present Moving Pictures, a free film program for patients, caregivers and survivors. Join us for a screening of an uplifting film followed by a discussion led by Santa Barbara International Film Festival staff. Popcorn will be provided!

Screenings are bimonthly on the 3rd Wednesday at 3:00 pm and take place at the Wolf Education & Training Center 529 W. Pueblo St. Free parking available at 540 W. Junipero Street.

Sept. 18
The Best Exotic Marigold Hotel



Nov. 20
Under the Tuscan Sun



4 Ridley-Tree
Cancer Center

Book Club At Ridley-Tree Cancer Center

Our Resource Library partners with the Santa Barbara Public Library to bring a monthly Book Club to the Ridley-Tree Cancer Center. The Club is open to cancer patients, cancer survivors, their caregivers and family members. Meetings are on the 2nd Thursday of the month from 5:30 - 6:30 pm in the library. Attendees can set their challenges aside, immerse themselves in the story and discuss the book with readers who have a similar lens. **Maureen Maliszewski** has attended Book Club since March 2018. She shared with OnCenter why the experience is meaningful for her.

HOW DID YOU FIRST CONNECT WITH RIDLEY-TREE CANCER CENTER?

My daughter was diagnosed with advanced breast cancer two years ago. Our world was shaken. We made a couple short trips back to our home in Colorado to settle things there and basically have made Santa Barbara our home since then.

DESCRIBE YOUR ROLE AS A CARETAKER FOR YOUR DAUGHTER.

Walking with my daughter through this journey has involved lots of research, helping to arrange consultations, attending medical appointments with her as well as helping with my two granddaughters and household work. All of this has been a gift because of the closeness that has grown between me, my husband, my daughter and my grandchildren.

WHY IS THE RIDLEY-TREE CANCER CENTER'S BOOK CLUB SO IMPORTANT IN YOUR LIFE?

Once a month, I go to a place where I have always felt cared for and valued. I look forward to being with people who have also experienced the challenges that cancer brings. It is a time for myself, to be with friends and talk about interesting books and whatever else comes up. Today I ran into a new member of the Book Club and we chatted in the grocery store for nearly an hour. It was the highlight of my day.

HOW IS THE BOOK CLUB A FORM OF SELF-CARE FOR YOU?

Being new to Santa Barbara, the Book Club provides a time for me to be in a comfortable and relaxed place with wonderful people. Those in the group can share as much or little as they like. Sometimes I haven't gotten around to finishing the book and that's fine. There is no pressure. In fact, we might end up talking about something totally unrelated. We sip tea, have some snacks and can just be together.

WHAT HAS BEEN YOUR FAVORITE BOOK SO FAR?

My favorite book so far was Lab Girl by Hope Jahren, which I found uplifting and inspiring. Jace Turner, Community Relations Librarian at the Santa Barbara Public Library and Youngmi An, Ridley-Tree's Resource Library Manager do a wonderful job facilitating our meetings. Book Club members give them feedback about what we are interested in reading. Jace's access to and knowledge of literature results in great book selections.



Maureen Maliszewski



For more information on **Ridley-Tree Cancer Center's Book Club** and on upcoming titles, visit our Resource Library, call (805) 879-5648 or email library@ridleytreecc.org. ▲

Community Lectures at Wolf Education & Training Center

Ridley-Tree Cancer Center and Cancer Foundation of Santa Barbara host free lectures open to patients and the community to discuss relevant topics in cancer care and cancer prevention.

We are excited to announce our Summer and Fall lectures. To RSVP, please email events@ridleytreecc.org or call (805) 879-5698. To RSVP for Spanish translation, call (805) 563-5802.

Upcoming Lectures

SUMMER

Stress and Cancer: Why Stress Reduction Is Essential

Saturday, September 14 • 11:00 am

When going through a cancer diagnosis and treatment, it is natural to experience a heightened stress response. With greater awareness of the physiology of stress and some simple techniques, stress reduction is just a breath away. Join Cheri for this enlightening lecture and learn ways to unravel the harmful effects of stress. Support your body so it can focus on using energy towards healing.

Cheri Clappett, C-IAYT, ERYT-500, is the Founder and Director of the Therapeutic Yoga Training Program. She is a certified yoga therapist with over 25 years of teaching experience and is passionate about bringing the benefits of yoga to those recovering from or living with injury or illness. Cheri has presented Therapeutic Yoga at Beth Israel Medical Center and the Langone Medical Center at NYU. Cheri started the yoga program at Ridley-Tree Cancer Center in 1999, where she continues to teach weekly classes.

FALL

Genetic Counseling and Hereditary Cancer

Thursday, November 14 • 5:30 pm

This presentation will provide an overview of the genetic counseling process for hereditary cancer. Genetic counseling can help patients and families with a history of cancer better understand and manage the risk of developing cancer through genetic risk assessment and genetic testing. Topics will include how genetic counselors assess family history for features of hereditary cancer and what information individuals may learn from genetic testing.

Danielle Sharaga, MS, LCGC, is a licensed certified genetic counselor at Ridley-Tree Cancer Center. Danielle has a Master's Degree in Genetic Counseling from the University of Pittsburgh and has been a practicing genetic counselor for 8 years. ▲



Cheri Clappett



Danielle Sharaga

Art Heals

Patient Art Exhibit & Reception



Art Heals Patient Art Exhibit & Reception Honoring Rick Stich

**Thursday December 5
5:30 pm–7:00 pm**

Remarks begin at 5:45 pm

Join the Ridley-Tree Cancer Center as we unveil new patient art as well as celebrate our wonderful art instructor, Rick Stich! For 20 years, Rick has taught patients to paint by inspiring them to explore the creative process.

All are welcome.

Refreshments will be served.

For more information, please call (805) 879-5678.



Yoga Instructor Cheri Clappett celebrates her 20th year at the center teaching classes specifically designed for cancer patients. A cancer survivor herself, Cheri has been dedicated to showing her students empowering ways to meet and live with illness.

Do You Know About Our Supportive Care

Wellness Classes

OPEN TO RECENTLY DIAGNOSED PATIENTS

These classes are offered free to those under the care of an oncologist and currently in active cancer treatment (as defined by Provider) or within one year of their last treatment. Programs are also offered to their caregivers during this period of time.

Gentle Therapeutic Yoga

A restorative class featuring supported yoga postures, breath work and guided imagery to reduce stress and support healing. Drop-ins welcome.

Monday, Wednesday, Friday
(805) 879-5678

Oncology Nutrition Class

Come learn about recent research related to cancer, food and lifestyle. Every monthly class will cover a different topic. Refer to the monthly calendar for in-class and online opportunities. RSVP required for in-class option only.

Call for schedule:
(805) 879-5652

Well-fit Exercise Program

In partnership with Santa Barbara Athletic Club, this 10-week program is for those diagnosed in the past nine months who are looking to regain strength. RSVP required.

Call for schedule
(805) 966-6147 x262

OPEN TO ALL CANCER PATIENTS

Book Club

The Resource Library partners with the Santa Barbara Public Library to host a monthly book club. Books can be picked up at RTCC's Resource Library.

2nd Thursday/month
(805) 879-5648

LIVESTRONG at the YMCA*

12-week small group program for adult cancer survivors looking to develop a fitness program after completing treatment. RSVP required.

Call for schedule
Classes offered at four YMCA locations:
Montecito (805) 969-3288
Santa Ynez (805) 686-2037
Lompoc (805) 736-3483, x37
Santa Barbara (805) 687-7720, x227

Meditation for Survivors*

This class is for patients who have completed their cancer treatment and are interested in meditation. Drop-ins welcome.

Every Wednesday: (805) 879-5678

Singing Class

Join us as we get together and sing! Songs will be from a wide range of genres, artists and ages. Drop-ins welcome.

Every Wednesday
(805) 879-5654

Healing Touch Appointments

A non-invasive complementary therapy utilizing light touch to promote relaxation and increase overall well-being. Appointment required.

Every Tuesday
(805) 879-5678

Oncology Wellness Lectures

Come hear local experts speak on an array of wellness topics.

Call for schedule: (805) 879-5678

Wellness Classes (Four-Week)

Join us as we explore various Wellness topics each month. Some of the topics will include Qi Gong, Stress Management 101, Tai Chi, Journaling and more.

Call for schedule: (805) 879-5678 or refer to the monthly calendar for this month's 4-week class offering.

Colors of Hope Coloring Class

This adult coloring class is offered in Santa Ynez for people who are dealing with cancer. All art materials are provided. Drop-ins welcome.

Every Tuesday
(805) 879-5678

Oncology Lymphedema Education Seminar

Join our Certified Lymphedema Specialist to learn about lymphedema and how to reduce your risk. RSVP required.

2nd Tuesday/month
(805) 681-7781

Moving Pictures

Attend free screenings of uplifting films along with a discussion led by staff. In partnership with Santa Barbara International Film Festival.

3rd Wednesday (Bi-Monthly)
Call for schedule: (805) 879-5648

Strength After Breast Cancer*

This four-week program provides education and strength training instruction to those at risk for lymphedema. \$40 program fee. RSVP and pre-screening required.

Call for schedule: (805) 681-7781

Meditation for Relaxation Class

Learn the basics including breathing techniques, visualization and guided images. Drop-ins welcome.

Every Thursday
(805) 879-5678

Painting the Pictures of Health Class

Enjoy the creative process and receive support and instruction. All supplies are provided. Drop-ins welcome.

Every Monday

Yoga for Strength and Empowerment

Geared for those seeking to reduce stress and restore strength as part of their cancer recovery process. Drop-ins welcome.

Monday, Wednesday, Friday
(805) 879-5678

Drumming Together

This class provides participants a welcoming space to create fun rhythm and improvise with the group.

Every Thursday: (805) 879-5654

Making Flower Arrangements

Join the Garden Club of Santa Barbara for an interactive flower arranging demonstration and take home a beautiful creation! RSVP required.

Call for schedule: (805) 879-5678

Music and Relaxation

This class provides a secure space with live healing music to assist with mindful relaxation. Drop-ins welcome.

Every Tuesday
(805) 879-5654

Wellness Walks Together

Join us to add a gentle walk to your daily routine. Must be able to walk 1/2 mile unassisted. Open to all cancer patients. Drop-ins welcome.

Every Wednesday
(805) 879-5678

Supportive Care

Life After Cancer - Discovering Your New Normal*

For those one year past diagnosis, this group provides a place where experiences can be shared and new tools learned to manage life during and after cancer treatment.

1st and 3rd Tuesday/month
(805) 879-0647

Gynecological Cancer Support Group

This group provides a safe place where women can share their experiences and exchange information about gynecological cancers.

2nd and 4th Tuesday/month
(805) 879-0647

Breast Cancer - Beginning the Journey to Wellness

A group where those living with breast cancer can exchange information, provide mutual support and learn tools to manage life's changes.

2nd and 4th Thursday/month
(805) 879-0647

Head and Neck Tumors

A group for those diagnosed with cancer of the head and neck to learn from others and share their experiences to help manage the process of treatment and recovery.

4th Tuesday/month
(805) 879-0647

Caring for the Caregiver

This class is designed for relatives and friends who are caring for a loved one with cancer. Learn the importance of self-care and tools to assist in the caregiver role.

Call for schedule: (805) 879-0647

Sobreviviendo el Cancer

Todos estan invitados a estas platicas para familias y personas que tuvieron o que estan bajo tratamiento de cancer.

1st and 3rd Wednesday/month
(805) 879-5690

Managing Metastatic Cancer

This is a group for those with advanced staged cancer. It's a group where patients can openly share and connect with others living with similar challenges.

3rd Tuesday/month
(805) 879-5690

Programs for Patients and Their Caregivers?

Support Groups

Prostate Cancer Discussion Group

This group provides a forum for men and their family to discuss their experience with prostate cancer, its treatment and the impact on their lives.

2nd Tuesday/month
(805) 879-0647

Tools for Coping with a Cancer Diagnosis

This group provides a safe place for those who are newly diagnosed with cancer to learn coping skills for the cancer journey. Topics include shock, sharing the diagnosis, regaining control, self-image, living with uncertainty and more.

1st and 3rd Thursday/month
(805) 879-0647

Living with Lung Cancer

This group provides a safe place for those living with lung cancer and their families to exchange information and provide mutual support.

1st Tuesday/month
(805) 879-0647

Young Adult Support Group

This group provides a place where young adults, ages 18 - 40, can share their cancer experience and support one another.

3rd Thursday/month
(805) 879-0647

Talking to Your Children About Cancer

A class for parents and guardians addressing how, what and when to discuss a cancer diagnosis with children, considering age and development stages.

Call for schedule: (805) 879-0647

I Count Too - Kids Support Group

A youth support program for those ages 6-12. Through the use of art and play, children's fears are eased and their coping skills are improved.

Call for schedule: (805) 879-0647

Teens Helping Teens

A support group for teens, ages 13-18. This program uses art and social interaction to help reduce feelings of isolation and improve coping strategies.

Call for schedule: (805) 879-0647

Clinical Support Services

Patient Navigation

The Cancer Center's patient navigators educate patients and families, provide support at times of transition in care and act as liaisons between individual patients and the various healthcare providers required for proper diagnosis, treatment and disease management.

(805) 879-0660

Oncology Social Work Services

The Cancer Center employs clinical social workers who provide emotional and practical support for patients, their families and their friends. Oncology social workers can provide advocacy and referrals as well as individual and family counseling services. Our oncology social work staff is available at no cost, to help meet your needs.

(805) 879-5690

Oncology Nutrition Counseling

The Cancer Center's oncology dietitian nutritionists provide personalized food and supplement recommendations to correct nutritional deficiencies and help enhance nutritional health and well being during and after treatment. Individuals currently in treatment or within one year of their last treatment may receive nutrition counseling free-of-charge.

(805) 879-5652

Genetic Counseling

The Cancer Center offers hereditary cancer risk counseling to help patients and families, with a history of cancer, better understand and manage the risk for developing cancer through genetic risk assessment and genetic testing. Our genetic counselors translate complex genetic information into understandable recommendations for patients, physicians and families. Ask your doctor if genetic counseling is right for you.

(805) 879-5653

Cancer Information & Resource Library

The Resource Library offers a comfortable place where patients and families can find current, comprehensive information about all aspects of cancer. We have an extensive collection of books, DVDs and CDs available as well as online information guides. Our Librarian can help answer questions and provide personalized searches. The Library is open to all and services are offered at no charge.

(805) 879-5648 • 540 West Pueblo Street
Monday – Friday • 8:00 am – 4:30 pm

Music Therapy

This program provides music therapy services and support to cancer patients, family members and loved ones in a way that meets physical, social, emotional and spiritual needs in a one-on-one or group setting. Activities include listening to music and relaxation, improvisation, song writing, singing and more.

(805) 879-5654

Physical Therapy

Sansum Clinic's Physical Therapy department offers services for patients experiencing lymphedema (swelling), decreased range of motion and other physical limitations. Ask your doctor if physical therapy would be beneficial for you. Physician referral required.

(805) 681-7781

Community Palliative Care

This program optimizes quality of life by treating pain and other symptoms, as well as addressing emotional and spiritual needs. Services can be provided throughout treatment. Physician referral required.

(805) 690-6212

Beauty and Boutique Services

Life during and after cancer treatment can leave many feeling unlike themselves due to hair loss and physical alterations. The Cancer Center offers free wigs and hats, as well as referrals for free hair cuts, beauty supplies and prosthesis fittings.

(805) 879-5690 • 540 West Pueblo Street
Monday – Friday • 8:00 am – 5:00 pm

Clinical Trials

The Cancer Center leads our community's involvement in cancer research, working on global studies alongside other major medical facilities. This includes providing our patients with access to many of the same trials that are available at leading cancer centers and academic centers around the country. Ask your doctor if there is a clinical trial that is right for you.

(805) 879-0643

Advance Directives Workshop

Join us to learn about completing your own Advance Health Care Directive and get answers to your questions. RSVP required.

Call for schedule/location: (866) 829-0909



Ridley-Tree Cancer Center

For complete descriptions and the current schedule, visit calendar.ridleytreecc.org



Ridley-Tree Cancer Center Supportive Care Programs

September 2019

Monday

Tuesday

Wednesday

Thursday

Friday

2

Closed -
Labor Day

3

10:00 am - 2:30 pm • **Healing Touch Appointments** (M)
10:00 - 11:00 am • **Coloring Class** (SY)
10:30 - 11:30 am • **Music and Relaxation** (MR)
11:00 am - 12:30 pm • **LiveSTRONG at the YMCA Exercise Program after treatment (Santa Ynez)** BEGINS TODAY
3:30 - 4:45 pm • **LiveSTRONG at the YMCA Exercise Program after treatment (Montecito)** BEGINS TODAY
12:00 - 1:15 pm • **Life After Cancer Support Group** (MR)
4:00 - 5:00 pm • **Living with Lung Cancer Support Grp** (MR)

4

10:30 - 11:30 am • **Ukulele for beginners** BEGINS TODAY (MR)
12:00 - 1:00 pm • **Singing Class** (MR)
2:00 - 3:00 pm • **Yoga for Strength** (MR)
3:15 - 4:15 pm • **Gentle Yoga** (MR)
4:00 - 5:00 • **Wellness Walks Together** (E)
7:00 - 8:00 pm • **Meditation for Cancer Survivors** (W)

5

9:30 - 10:30 am • **QiGong 101 Four-week class BEGINS TODAY** (MR)
10:30 - 11:30 am • **Drumming Together** (W)
11:30 am - 12:30 pm • **Meditation Class** (MR)
1:30 - 3:00 pm • **LiveSTRONG at the YMCA Exercise Program after treatment (Lompoc)** BEGINS TODAY
2:00 - 3:00 pm • **Tools for Coping with a Cancer Diagnosis** (MR)

6

9:45 - 10:45 am • **Yoga for Strength** (MR)
11:00 am - 12:00 pm • **Gentle Yoga** (MR)

9

10:00 am - 12:00 pm • **Painting Class** (MR)
1:00 - 2:00 pm • **Yoga for Strength** (MR)
2:15 - 3:15 pm • **Gentle Yoga** (MR)
3:00 - 4:00 pm • **Strength After Breast Cancer BEGINS TODAY*** (PT)
5:30 - 6:30 pm • **Caregivers Class** (MR)

10

10:00 am - 2:30 pm • **Healing Touch Appointments** (M)
10:00 - 11:00 am • **Coloring Class** (SY)
10:30 - 11:30 am • **Music and Relaxation** (MR)
12:00 - 1:15 pm • **Prostate Cancer Support Group** (MR)
12:30 • **Lymphedema Education Seminar*** (PT)
2:00 - 3:00 pm • **Gynecological Cancer Support Grp** (MR)

11

10:30 - 11:30 am • **Ukulele for beginners** (MR)
12:00 - 1:00 pm • **Singing Class** (MR)
2:00 - 3:00 pm • **Yoga for Strength** (MR)
3:15 - 4:15 pm • **Gentle Yoga** (MR)
4:00 - 5:00 • **Wellness Walks Together** (E)
7:00 - 8:00 pm • **Meditation for Cancer Survivors** (W)

12

10:30 - 11:30 am • **Drumming Together** (W)
11:30 am - 12:30 pm • **Meditation Class** (MR)
4:00 - 5:00 pm • **Breast Cancer Support Grp** (MR)
5:30 - 6:30 pm • **Book Club** (L)

13

9:45 - 10:45 am • **Yoga for Strength** (MR)
11:00 am - 12:00 pm • **Gentle Yoga** (MR)

Saturday 9/14

11:00 am - 12:00 pm • **Community Lecture - Stress & Cancer: Why Stress Reduction Is Essential** (W)

16

10:00 am - 12:00 pm • **Painting Class** (MR)
1:00 - 2:00 pm • **Yoga for Strength** (MR)
2:15 - 3:15 pm • **Gentle Yoga** (MR)
5:30 - 6:30 pm • **Caregivers Class** (MR)

17

10:00 am - 2:30 pm • **Healing Touch Appointments** (M)
10:00 - 11:00 am • **Coloring Class** (SY)
10:30 - 11:30 am • **Music and Relaxation** (MR)
12:00 - 1:15 pm • **Life After Cancer Support Group** (MR)
1:30 - 3:00 pm • **Advance Directives Workshop** (MR)
5:30 - 6:30 pm • **Managing Metastatic Cancer** (MR)

19

10:30 - 11:30 am • **Ukulele for beginners** (MR)
12:00 - 1:00 pm • **Singing Class** (MR)
2:00 - 3:00 pm • **Yoga for Strength** (MR)
3:15 - 4:15 pm • **Gentle Yoga** (MR)
4:00 - 5:30 pm • **Moving Pictures** (W)
4:00 - 5:00 • **Wellness Walks Together** (E)
5:00 - 6:00 pm • **Sobrevivendo El Cancer** (MR)
7:00 - 8:00 pm • **Meditation for Cancer Survivors** (W)

20

9:45 - 10:45 am • **Yoga for Strength** (MR)
11:00 am - 12:00 pm • **Gentle Yoga** (MR)
4:00 - 5:00 pm • **Oncology Nutrition Class: Bone Health - It's Not Just About Calcium** (MR)
5:30 - 7:00 pm • **Young Adult Support Group** (MR)

23

10:00 am - 12:00 pm • **Painting Class** (MR)
1:00 - 2:00 pm • **Yoga for Strength** (MR)
2:15 - 3:15 pm • **Gentle Yoga** (MR)
5:30 - 6:30 pm • **Caregivers Class** (MR)

25

10:00 am - 2:30 pm • **Healing Touch Appointments** (M)
10:00 - 11:00 am • **Coloring Class** (SY)
10:30 - 11:30 am • **Music and Relaxation** (MR)
2:00 - 3:00 pm • **Gynecological Cancer Support Grp** (MR)
5:30 - 6:30 pm • **Head and Neck Tumor Program** (MR)

26

10:30 - 11:30 am • **Drumming Together** (W)
11:30 am - 12:30 pm • **Meditation Class** (MR)
4:00 - 5:00 pm • **Breast Cancer Support Grp** (MR)

27

9:45 - 10:45 am • **Yoga for Strength** (MR)
11:00 am - 12:00 pm • **Gentle Yoga** (MR)

30

10:00 am - 12:00 pm • **Painting Class** (MR)
1:00 - 2:00 pm • **Yoga for Strength** (MR)
2:15 - 3:15 pm • **Gentle Yoga** (MR)
5:30 - 6:30 pm • **Caregivers Class** (MR)



Ridley-Tree
Cancer Center

All programs are drop-in unless otherwise noted. To register for those marked with an asterisk (*), please call the number listed in the description on pages 6 - 7.

Coding Key
for Locations:

- (MR) Tippy's Cove Multipurpose Room (second floor), 540 West Pueblo Street
- (CH) Lovelace Conference Hall (first floor), 540 West Pueblo Street
- (NM) Bevenlye's Team Integrated Medicine Room (second floor), 540 West Pueblo Street
- (PT) Sansum Clinic Physical Therapy Office, 4151 Foothill Road Building A
- (SY) YMCA, Activity Center, 900 Refugio Road, Santa Ynez, CA 93460
- (L) Henley Resource Library, 540 West Pueblo Street
- (W) Wolf Education & Training Center, 529 West Junipero Street
- (E) Main Entrance / Dance of Life Statue



Like our Facebook page
facebook.com/ridleytrecc



Follow us on Twitter
twitter.com/ridleytrecc



Online Calendar
calendar.ridleytrecc.org



Monthly Email Signup
ridleytrecc.org



Ridley-Tree Cancer Center Supportive Care Programs

Monday

Tuesday

Wednesday

Thursday

Friday

October 2019



| | | | |
|--|---|---|--|
| <p>1 10:00 am - 2:30 pm • Healing Touch Appointments* 10:00 - 11:00 am • Coloring Class 10:30 - 11:30 am • Music and Relaxation 12:00 - 1:15 pm • Life After Cancer Support Group 4:00 - 5:00 pm • Living with Lung Cancer Support Grp </p> | <p>2 12:00 - 1:00 pm • Singing Class 2:00 - 3:00 pm • Yoga for Strength 3:15 - 4:15 pm • Gentle Yoga 4:00 - 5:00 • Wellness Walks Together 5:00 - 6:00 pm • Sobreviviendo El Cancer 7:00 - 8:00 pm • Meditation for Cancer Survivors </p> | <p>3 10:30 - 11:30 am • Drumming Together 11:30 am - 12:30 pm • Meditation Class 2:00 - 3:00 pm • Tools for Coping with a Cancer Diagnosis </p> | <p>4 9:45 - 10:45 am • Yoga for Strength 11:00 am - 12:00 pm • Gentle Yoga </p> |
| <p>7 10:00 am - 12:00 pm • Painting Class 1:00 - 2:00 pm • Yoga for Strength 2:15 - 3:15 pm • Gentle Yoga </p> | <p>8 10:00 am - 2:30 pm • Healing Touch Appointments* 10:00 - 11:00 am • Coloring Class 10:30 - 11:30 am • Music and Relaxation 12:00 - 1:15 pm • Prostate Cancer Support Group 12:30 • Lymphedema Education Seminar* 2:00 - 3:00 pm • Gynecological Cancer Support Grp </p> | <p>10 9:30 am - 10:30 pm • Men's Relaxation Class (4 weeks) BEGINS TODAY 10:30 - 11:30 am • Drumming Together 11:30 am - 12:30 pm • Meditation Class 4:00 - 5:00 pm • Breast Cancer Support Grp 5:30 - 6:30 pm • Book Club </p> | <p>11 9:45 - 10:45 am • Yoga for Strength 11:00 am - 12:00 pm • Gentle Yoga </p> |
| <p>14 10:00 am - 12:00 pm • Painting Class 1:00 - 2:00 pm • Yoga for Strength 2:15 - 3:15 pm • Gentle Yoga </p> | <p>15 10:00 am - 2:30 pm • Healing Touch Appointments* 10:00 - 11:00 am • Coloring Class 10:30 - 11:30 am • Music and Relaxation 12:00 - 1:15 pm • Life After Cancer Support Group 1:30 - 3:00 pm • Advance Directives Workshop 5:30 - 6:30 pm • Managing Metastatic Cancer </p> | <p>17 10:30 - 11:30 am • Drumming Together 11:30 am - 12:30 pm • Meditation Class 2:00 - 3:00 pm • Tools for Coping with a Cancer Diagnosis 4:00 - 5:00 pm • Oncology Nutrition Class: Guide To Restaurant Dining 5:30 - 7:00 pm • Young Adult Support Group </p> | <p>18 9:45 - 10:45 am • Yoga for Strength 11:00 am - 12:00 pm • Gentle Yoga </p> |
| <p>21 10:00 am - 12:00 pm • Painting Class 1:00 - 2:00 pm • Yoga for Strength 2:15 - 3:15 pm • Gentle Yoga </p> | <p>22 10:00 am - 2:30 pm • Healing Touch Appointments* 10:00 - 11:00 am • Coloring Class 10:30 - 11:30 am • Music and Relaxation 2:00 - 3:00 pm • Gynecological Cancer Support Grp 5:30 - 6:30 pm • Head and Neck Tumor Program </p> | <p>24 10:30 - 11:30 am • Drumming Together 11:30 am - 12:30 pm • Meditation Class 2:30 - 3:30 pm • Wellness Lecture: Tai Chi for Cancer Patients 4:00 - 5:00 pm • Breast Cancer Support Grp </p> | <p>25 9:45 - 10:45 am • Yoga for Strength 11:00 am - 12:00 pm • Gentle Yoga </p> |
| <p>28 10:00 am - 12:00 pm • Painting Class 1:00 - 2:00 pm • Yoga for Strength 2:15 - 3:15 pm • Gentle Yoga </p> | <p>30 12:00 - 1:00 pm • Singing Class 2:00 - 3:00 pm • Yoga for Strength 3:15 - 4:15 pm • Gentle Yoga 4:00 - 5:00 • Wellness Walks Together 7:00 - 8:00 pm • Meditation for Cancer Survivors </p> | <p>31 10:30 - 11:30 am • Drumming Together 11:30 am - 12:30 pm • Meditation Class </p> | |



**Ridley-Tree
Cancer Center**

All programs are drop-in unless otherwise noted. To register for those marked with an asterisk (*), please call the number listed in the description on pages 6 - 7.



Like our Facebook page
facebook.com/ridleytrecc



Follow us on Twitter
twitter.com/ridleytrecc



Online Calendar
calendar.ridleytrecc.org



Monthly Email Signup
ridleytrecc.org

Coding Key
for Locations:

- Tippy's Cove Multipurpose Room (second floor), 540 West Pueblo Street
- Lovelace Conference Hall (first floor), 540 West Pueblo Street
- Beverly's Team Integrated Medicine Room (second floor), 540 West Pueblo Street
- Sansum Clinic Physical Therapy Office, 4151 Foothill Road Building A
- YMCA, Activity Center, 900 Refugio Road, Santa Ynez, CA 93460
- Henley Resource Library, 540 West Pueblo Street
- Wolf Education & Training Center; 529 West Junipero Street
- Main Entrance / Dance of Life Statue



Ridley-Tree Cancer Center Supportive Care Programs

Monday

Tuesday

Wednesday

Thursday

Friday

November 2019



1 9:45 - 10:45 am • Yoga for Strength **MR**
11:00 am - 12:00 pm • Gentle Yoga **MR**

8 9:45 - 10:45 am • Yoga for Strength **MR**
11:00 am - 12:00 pm • Gentle Yoga **MR**

7 9:30 am - 10:30 pm • Practicing the Power of Gratitude Class (3 weeks) BEGINS TODAY **MR**
10:30 - 11:30 am • **Drumming Together** **W**
11:30 am - 12:30 pm • Meditation Class **MR**
2:00 - 3:00 pm • Tools for Coping with a Cancer Diagnosis **MR**

6 12:00 - 1:00 pm • Singing Class **MR**
2:00 - 3:00 pm • Yoga for Strength **MR**
3:15 - 4:15 pm • Gentle Yoga **MR**
4:00 - 5:00 • Wellness Walks Together **E**
5:00 - 6:00 pm • Sobreviviendo El Cancer **MR**
7:00 - 8:00 pm • **Meditation for Cancer Survivors** **W**

5 10:00 am - 2:30 pm • **Healing Touch Appointments*** **MR**
10:00 - 11:00 am • **Coloring Class** **SY**
10:30 - 11:30 am • Music and Relaxation **MR**
12:00 - 1:15 pm • Life After Cancer Support Group **MR**
4:00 - 5:00 pm • Living w/ Lung Cancer Support Grp **MR**

15 9:45 - 10:45 am • Yoga for Strength **MR**
11:00 am - 12:00 pm • Gentle Yoga **MR**

14 10:30 - 11:30 am • **Drumming Together** **W**
11:30 am - 12:30 pm • Meditation Class **MR**
4:00 - 5:00 pm • Breast Cancer Support Grp **MR**
5:30 - 6:30 pm • **Book Club** **L**
5:30 - 6:30 pm • **Community Lecture - Genetic Counseling & Hereditary Cancer** **W**

13 12:00 - 1:00 pm • Singing Class **MR**
2:00 - 3:00 pm • Yoga for Strength **MR**
3:15 - 4:15 pm • Gentle Yoga **MR**
4:00 - 5:00 • Wellness Walks Together **E**
7:00 - 8:00 pm • **Meditation for Cancer Survivors** **W**

12 10:00 am - 2:30 pm • **Healing Touch Appointments*** **MR**
10:00 - 11:00 am • **Coloring Class** **SY**
10:30 - 11:30 am • Music and Relaxation **MR**
12:00 - 1:15 pm • Prostate Cancer Support Group **MR**
12:30 • **Lymphedema Education Seminar*** **PT**
2:00 - 3:00 pm • Gynecological Cancer Support Grp **MR**

11 10:00 am - 12:00 pm • Painting Class **MR**
1:00 - 2:00 pm • Yoga for Strength **MR**
2:15 - 3:15 pm • Gentle Yoga **MR**
5:30 - 6:30 pm • Caregivers Class **MR**

22 9:45 - 10:45 am • Yoga for Strength **MR**
11:00 am - 12:00 pm • Gentle Yoga **MR**

21 10:30 - 11:30 am • **Drumming Together** **W**
11:30 am - 12:30 pm • Meditation Class **MR**
2:00 - 3:00 pm • Tools for Coping with a Cancer Diagnosis **MR**
4:00 - 5:00 pm • Oncology Nutrition Class: Taste and Smell Changes **MR**
5:30 - 7:00 pm • Young Adult Support Group **MR**

20 12:00 - 1:00 pm • Singing Class **MR**
2:00 - 3:00 pm • Yoga for Strength **MR**
3:15 - 4:15 pm • Gentle Yoga **MR**
3:00 - 5:30 pm • **Moving Pictures - Under the Tuscan Sun** **W**
4:00 - 5:00 • Wellness Walks Together **E**
5:00 - 6:00 pm • Sobreviviendo El Cancer **MR**
7:00 - 8:00 pm • **Meditation for Cancer Survivors** **W**

19 10:00 am - 2:30 pm • **Healing Touch Appointments*** **MR**
10:00 - 11:00 am • **Coloring Class** **SY**
10:30 - 11:30 am • Music and Relaxation **MR**
12:00 - 1:15 pm • Life After Cancer Support Group **MR**
1:30 - 3:00 pm • Advance Directives Workshop **MR**
5:30 - 6:30 pm • Managing Metastatic Cancer **MR**

18 10:00 am - 12:00 pm • Painting Class **MR**
1:00 - 2:00 pm • Yoga for Strength **MR**
2:15 - 3:15 pm • Gentle Yoga **MR**
5:30 - 6:30 pm • Caregivers Class **MR**

29 **Closed - Thanksgiving**

28 **Closed - Thanksgiving**

27 12:00 - 1:00 pm • Singing Class **MR**
2:00 - 3:00 pm • Yoga for Strength **MR**
3:15 - 4:15 pm • Gentle Yoga **MR**
4:00 - 5:00 • Wellness Walks Together **E**
7:00 - 8:00 pm • **Meditation for Cancer Survivors** **W**

26 10:00 am - 2:30 pm • **Healing Touch Appointments*** **MR**
10:00 - 11:00 am • **Coloring Class** **SY**
10:30 - 11:30 am • Music and Relaxation **MR**
2:00 - 3:00 pm • Gynecological Cancer Support Grp **MR**
5:30 - 6:30 pm • Head and Neck Tumor Program **MR**

25 10:00 am - 12:00 pm • Painting Class **MR**
1:00 - 2:00 pm • Yoga for Strength **MR**
2:15 - 3:15 pm • Gentle Yoga **MR**
5:30 - 6:30 pm • Caregivers Class **MR**



Ridley-Tree Cancer Center

All programs are drop-in unless otherwise noted. To register for those marked with an asterisk (*), please call the number listed in the description on pages 6 - 7.

Coding Key
MR Tippy's Cove Multipurpose Room (second floor), 540 West Pueblo Street
CH Lovelace Conference Hall (first floor), 540 West Pueblo Street
MM Beverly's Team Integrated Medicine Room (second floor), 540 West Pueblo Street
PT Sansum Clinic Physical Therapy Office, 4151 Foothill Road Building A
SY YMCA, Activity Center, 900 Refugio Road, Santa Ynez, CA 93460
L Henley Resource Library, 540 West Pueblo Street
W Wolf Education & Training Center; 529 West Junipero Street
E Main Entrance / Dance of Life Statue

for Locations:



Like our Facebook page
facebook.com/ridleytrecc



Follow us on Twitter
twitter.com/ridleytrecc



Online Calendar
calendar.ridleytrecc.org



Monthly Email Signup
ridleytrecc.org



Matt Kunkel, Vice President of Oncology Services at the Ridley-Tree Cancer Center, welcomes George "GOTCHA!" to the Healing Garden. This statue was created by world-renowned sculptor Seward Johnson. We are honored to have received this outstanding gift from the Roberta and Stan Fishman Collection. George serves as an ambassador welcoming patients, their families and staff to our very special outdoor space.

Don't Miss the Opportunity to Make a Major Gift with Minor Effort

Many people are discovering that they can make a big difference to help further our mission with an **IRA rollover gift**. The Individual Retirement Account ("IRA") Charitable Rollover provision enables individuals age 70 ½ or older to make tax-free gifts totaling up to \$100,000 from a traditional IRA account directly to the Cancer Foundation of Santa Barbara. Individuals 70 ½ are required to take annual required minimum distributions from their IRA accounts each year.

The gift is a way to use part or all of the required minimum distribution amount which must be taken out of the IRA annually. This gift is a tax-free transfer and counts dollar-for-dollar to support our important work.

While you cannot claim a charitable deduction for IRA gifts to the Cancer Foundation, this distribution from your IRA counts towards your minimum required distribution for the year and reduces your taxable income because the amount of the transfer is not included as part of your taxable income. This is a fantastic and very exciting opportunity for anyone who has an IRA, is already required to take the annual distributions and is considering making a gift to the Cancer Foundation of Santa Barbara.

For more information please contact **Lori Willis**, Executive Director of the Cancer Foundation of Santa Barbara at **805-898-2187** or **LWillis@CFSB.org**, or your IRA administrator to see how you can roll over your IRA distribution into tax savings. The transaction must be finalized by December 31, 2019 in order to apply to your 2019 required IRA distributions. ▲



Cancer Foundation of Santa Barbara's Elaine & Edward Stepanek Legacy Society

The Elaine and Edward Stepanek Society recognizes and honors donors who have included the Cancer Foundation in their estate plans through Planned Gifts. Membership is conferred upon those who have communicated to the Foundation their intention to make a gift through their will, living trust or other planned agreement to support the Ridley-Tree Cancer Center. Please let us know if you have remembered or would like to remember the Foundation in your plans so that we can acknowledge your support and say thank you.

For more information or questions, please call Lori Willis, Executive Director of the Cancer Foundation of Santa Barbara, at (805) 898-2187.

#FOCUSED ON CANCER

Tuesday December 3, 2019 is Giving Tuesday. The occasion harnesses the generosity of millions around the world to support the causes they believe in. We would be honored if you would consider remembering Ridley-Tree Cancer Center and the Cancer Foundation of Santa Barbara on this very special day. The first 100 individuals who follow the Cancer Foundation on Facebook will be entered into a raffle for a \$50 gift certificate.

www.facebook.com/cancerfoundationsb

www.cfsb.org



Ridley-Tree Cancer Center at Sansum Clinic

540 West Pueblo Street
Santa Barbara, CA 93105

NONPROFIT
ORGANIZATION
U.S. POSTAGE PAID
SANTA BARBARA, CA
PERMIT NO. 1215

ON
CENTER
Fall 2019



Ridley-Tree Cancer Center

FOCUSED ON CANCER. CENTERED ON YOU.

Cancer Foundation of Santa Barbara Presents 2019 Walk/Run

walk
run '19



Join us for the *Cancer Foundation Walk/Run* on Sunday, October 6, 2019 and help us reach our fundraising goal of \$200,000. 100% of these funds support cancer research and patient supportive care programs at the Ridley-Tree Cancer Center. The event features a 5K course, a 10K course and Kids' Fun Run. Don't miss the beautiful brunch put on by the Four Seasons Biltmore! To register or support a participant or team please visit the Walk/Run website at www.cfsb.org/walkrun2019.

CANCER FOUNDATION
of SANTA BARBARA



Ridley-Tree
Cancer Center