

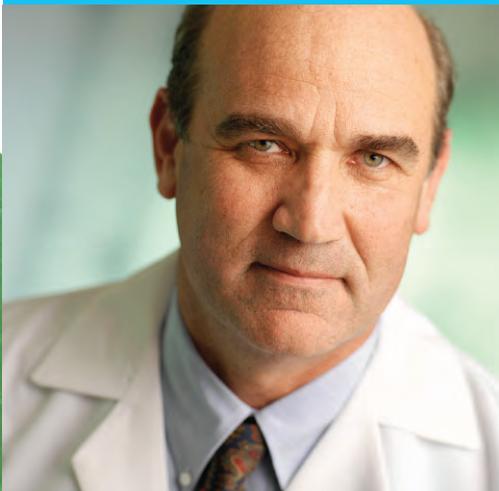


# EXCELLENCE

*in Healthcare*

**sansum**<sup>SM</sup>  
**CLINIC**  
*for your good health*

1 (800) 4-SANSUM 1 (800) 472-6786  
[www.sansumclinic.org](http://www.sansumclinic.org)



Sansum Clinic has been a leading provider of healthcare on the Central Coast for more than 90 years. Our success in delivering the high-tech and high-touch elements of quality care is due to our ongoing investment in the latest equipment and technology and our recruitment of the best and the brightest physicians.

Dr. William David Sansum, one of Sansum Clinic's founders, was a pioneering researcher who launched the Clinic with the intent to study and eventually conquer diabetes. He was the first American to successfully isolate, produce and administer insulin to treat diabetes. That spirit of innovation is a legacy carried forward to this day. By ensuring that all of our physicians have around the clock access to state-of-the-art electronic health records, by investigating promising new treatments, and by introducing emerging new programs such as Nurse Navigators to Santa Barbara, we continue to provide the most advanced care that our patients have come to expect from Sansum Clinic.

**Kurt N. Ransohoff, MD**  
CEO and Chief Medical Officer



# OUR MISSION

*To provide an excellent healthcare experience,  
recognizing our first priority is the patients we serve.*

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## About Sansum Clinic

Santa Barbara has long been recognized as a destination for innovative medical care. In the 1800s and early 1900s, doctors and patients alike were drawn from all parts of the world to the area's unique hot springs and mineral baths, which were reputed to have healing qualities. Today, it is Sansum Clinic's outstanding physicians, state-of-the-art technology and highly personalized care that help to maintain our region's reputation for medical excellence.

We are the largest independent not-for-profit healthcare provider between the Los Angeles Basin and the San Francisco Bay Area, providing a full spectrum of services ranging from primary care to more than 30 specialties.

We care for patients throughout all stages of life – including outpatient care, ambulatory care, urgent care, hospital care, home healthcare and skilled nursing care. We also offer many patient services including pharmacies, an optical shop, laboratory testing and radiology services. Sansum Clinic's team of more than 180 physicians has a remarkable depth of skill and expertise. Many of our physicians are board certified in two or more specialties.

Reflecting the diversity of our patients, our providers speak more than a dozen different languages including Spanish, French, German, Greek, Dutch, Italian, Chinese, Hindi and Hungarian - ensuring that a wide cross-section of the community can enjoy direct, personal communication with Sansum Clinic medical staff.

**Patients at Sansum Clinic have access to a full range of resources:**

- Outstanding physician and nursing care
- More than 20 patient care locations throughout Santa Barbara County, from Carpinteria to Santa Maria
- More than 30 specialties ranging from pediatrics through geriatrics, including urgent care
- Coordinated appointment scheduling
- Electronic health records that provide complete electronic documentation of your care
- Comprehensive laboratory services and other ancillary services
- Health education programs and resources
- Cutting-edge clinical trials



# Standards of Excellence



## State and National Recognition

Sansum Clinic is held to the highest standards of healthcare and is proud to have garnered recognition, accreditation and awards from national and state agencies:

- California Association of Physician Groups (CAPG) Standards of Excellence “Elite” status
- California Office of the Patient Advocate Rating: Highest Overall on the Central Coast
- Integrated Healthcare Association Certificate of Outstanding Performance for Patient Experience
- Integrated Healthcare Association Certificate of Outstanding Performance for Diabetes Management
- Echocardiography Lab accredited by Intersocietal Commission for the Accreditation of Echocardiography Laboratories (ICAEL)
- American Diabetes Association (ADA) recognition for Diabetes Self-Management Education Program
- Bariatric Center of Excellence designation by American Society for Metabolic and Bariatric Surgery (ASMBS)
- American College of Radiology (ACR) Accreditation for US, Stereotactic Breast Biopsy, MRI, CT, and PET/CT
- American College of Radiology (ACR) Mammography Quality Standards Act (MQSA) – State and Federal accreditation for all mammography
- Santa Barbara Breast Care Alliance accredited by the National Accreditation Programs for Breast Centers (NAPBC)
- Doctors’ Weight Management Program Gold Standard Award from HMR

## Accreditation

Sansum Clinic is accredited by the Institute for Medical Quality (IMQ).



Sansum Clinic is one of an elite number of ambulatory care facilities that voluntarily seek Institute for Medical Quality accreditation, as part of our commitment to providing high quality healthcare and a safe environment for our patients.

## Primary Care

Sansum Clinic's **Primary Care** offices include the departments of:

- **Pediatrics**
- **Family Medicine**
- **Internal Medicine**

Our pediatricians specialize in disorders of babies, children and adolescents and are experts in preventive medicine and well child care, as well as the care of ill children. Some of our providers are seeing their third generation of babies. Our medical staff is assisted by friendly and skilled pediatric nurse practitioners (PNPs) with advanced nursing training, who provide a broad range of healthcare services for infants, children and adolescents.

The Sansum Clinic Family Medicine Department is available to patients of all ages – from infancy through adulthood. Family members from one household may opt to see the same Family Medicine physician.

Physicians in our Internal Medicine Department see patients age 15 and older, and care for many patients through their entire adulthood. They specialize in diagnosis and management of complex problems as well as long term care of patients with

chronic disease and geriatric issues. They also provide preventative care to adults.

With multiple locations throughout Santa Barbara County, we make it convenient to visit a primary care provider when you need one.

Our integrated model is built upon a team approach that brings together physicians, nurse practitioners, registered nurses, medical assistants and other clinical staff to deliver coordinated care that includes:

- **Preventative healthcare**
- **Management of existing medical conditions**
- **Caring for patients with undiagnosed health issues**
- **Healthcare programs for chronic conditions**
- **Coordination between primary care physicians and specialists**
- **Access to and education about managing health conditions between appointments**

The Wave, our electronic health record system, enables all healthcare providers to share information, making the referral and consultation process more efficient.





## Urgent Care

### Santa Barbara Urgent Care

**(805) 563-6110**

51 Hitchcock Way

Mon-Fri: 8 am to 7 pm

Sat: 9 am to 5 pm

Sun: 9 am to 3 pm

### Lompoc Urgent Care

**(805) 737-8786**

1225 North H Street

Mon-Fri: 8 am to 6 pm

Sat: 9 am to 5 pm

Sun: 9 am to 2 pm

### Same Day Appointments

#### Goleta Family Medicine

**(805) 681-7500**

122 South Patterson Ave

Mon-Thurs: 8 am to 5 pm

Fri: 8 am to Noon

#### Carpinteria Family Medicine

**(805) 566-5080**

4806 Carpinteria Ave.

Mon-Thurs: 8 am to Noon

1 pm to 4:30 pm

Fri: 8 am to 1 pm

*Please clip here and keep this information in a convenient location.*



## Urgent Care

Our **Urgent Care** providers treat minor emergencies, acute problems, and urgent medical needs when an unscheduled visit is necessary. We provide convenient same day treatment for many urgent health needs without the high costs and long delays typically associated with an emergency room visit. We are staffed by a full medical team, with board-certified physicians during all hours of operation.

Services are available without an appointment and during extended evening and weekend hours for conditions that need prompt attention, but are not life threatening. Crisis situations and conditions requiring immediate intervention, especially where there is risk of death or permanent impairment, require emergency room care.

Our Urgent Care Department treats conditions like:

- The flu and other acute illnesses
- Cuts requiring stitches
- Sprains and strains
- Asthma attacks and other urgent concerns

Sansom Clinic's Urgent Care Department bridges the gap between preventative primary care and emergency care. Urgent Care is a supplement to, not a substitute for primary care.



# Make the Most of Your Doctor Visit

Do you ever feel rushed during a visit with your doctor? Have you hesitated to bring up a sensitive subject or forgotten to ask an important question? Being able to communicate openly with your doctor is a key to making good health decisions. Some people, especially older adults, shy away from this approach. In the past doctors typically took the lead in the conversation. Today a good patient-doctor relationship is a partnership with both sides taking responsibility for effective communication.

## Here are some tips to try:

- **Make a list of your symptoms** and bring it with you to the doctor. Be specific about what the symptom is, when it happens, how long it lasts, what makes it better or worse and anything it stops you from doing. Symptoms also include how you are feeling, such as sad, tired or confused.
- **List your medications** including prescriptions, over-the-counter drugs, vitamins, herbal remedies and supplements. Include how much you take and how often.
- **Be prepared to talk about your everyday life** including how you are eating, sleeping, activities you enjoy, your sex life, smoking and alcohol use. Briefly tell the doctor about life changes, like a death in the family or moving. When you are open and honest it helps your doctor to better understand your medical conditions.
- **Ask questions.** Write down questions before your visit and bring them with you. Good questions to ask are:
  - What is my main problem?*
  - What do I need to do?*
  - Why is it important for me to do this?*
- **Take notes during your visit.** You can ask for a brochure about your condition or written instructions.
- **Bring a friend or family member to listen with you.**



After your visit you may still have questions. The Sansum Clinic Health Resource Center can answer your health questions with trusted information. Visit them at 215 Pesetas Lane on the first floor, call 1 (800) 281-4425 x7672, or contact them through “Ask the Librarian” at [www.sansumclinic.org/ask-a-librarian](http://www.sansumclinic.org/ask-a-librarian).



# Excellence in Multi-Specialty Healthcare

One of the many benefits of receiving care at Sansum Clinic is the coordination of medical services across all primary care and **specialty care** departments.



## Featured Programs and Services

Cardiac Care & Rehabilitation  
Certified Diabetes Care  
Clinical Research

Oncology Services  
Surgical Expertise

## Medical, Surgical and Specialty Care

Allergy & Immunology  
Bariatric Surgery  
Breast Care  
Colon & Rectal Surgery  
Dermatology  
Ear, Nose & Throat/  
Otolaryngology (ENT)  
Facial Plastic Surgery & Aesthetics  
Gastroenterology  
Geriatrics  
Infectious Diseases  
Lymphedema Therapy  
Nephrology  
Neurology  
Nutrition

Obstetrics & Gynecology  
Occupational Medicine  
Ophthalmology  
Orthopedics  
Physical Therapy  
Podiatry  
Psychiatry  
Psychology  
Pulmonary & Critical Care  
Radiology  
Rheumatology  
Travel & Tropical Medicine  
Urology  
Vascular Surgery

## Distinguished Specialty Services

Bariatric Surgery Center  
Doctors' Weight Management Program  
Eye Care Center

Facial Plastic Surgery & Aesthetics  
Premier Physical Program  
Travel & Tropical Medicine Center



## Cardiac Care & Rehabilitation

The Sansum Clinic **Cardiology Department's** commitment to patient care, research and new technology means that patients benefit from the latest diagnostic and treatment techniques in virtually every area of cardiac medicine - from research, to prevention, to detection, to treatment.

Areas of particular interest include:

- Coronary artery disease (angina and chest pains)
- Abnormal heart rhythms
- Heart failure
- High blood pressure
- Congenital heart defects

As a teaching and medical research facility, we are able to offer patients the latest technologies and access to new life-saving therapies:

- Interventional cardiology
- Cardiac electrophysiology
- Nuclear cardiology

### Cardiac Rehabilitation

If you have had a heart attack, coronary bypass surgery, or have stable angina, the **Cardiac Rehabilitation** program at Sansum Clinic can help you recover, regain strength and put you back on the path to a healthy lifestyle.



Sansum Clinic Cardiac Rehab is a twelve week program in which patients are individually monitored by therapists with specialized training in cardiac nursing, diet and exercise physiology. This highly trained team, along with your physician, can help you control your risk factors and set healthy lifestyle goals.

Our Cardiac Rehabilitation program includes:

- Individualized, monitored exercise programs
- Rehabilitation room with mountain and ocean views
- Nutrition counseling
- Heart healthy education

Studies show that people who come for a full 12 weeks have the best outcome because they've changed their habits and made healthier lifestyle choices.

### Heart Disease Education and Prevention

Heart disease is the number one killer in the United States for both men and women and also a major cause of disability. The risk of heart disease increases as you age and is greater if you have a close family member who had heart disease at an early age. Fortunately, there are many things you can do to manage heart disease or reduce your chance of getting it. Check with your physician to get tested so you know your blood pressure, cholesterol level, triglyceride level and risk of diabetes. As always, it is important to exercise, not smoke, eat many fruits and vegetables and maintain a healthy weight. Sansum Clinic supports you in having a healthy heart with many educational programs, including:

- Coumadin/Warfarin
- Live Well with Diabetes
- Health Resource Center
- Heart Health



- Nutrition Navigator
- Pre-Diabetes
- Stress management
- Walk & Train with the Physical Therapist
- Weight Management Strategies
- WomenHeart Support Group

## Anticoagulation Services

The **Anticoagulation Clinic (ACC)** provides safe and effective management of anticoagulation with Coumadin/Warfarin. Our highly-trained nurse practitioners and physician assistants coordinate and optimize anticoagulation therapy by:

- Managing anticoagulation dosing
- Providing systematic monitoring and patient evaluation
- Providing ongoing education, including monthly Coumadin/Warfarin education classes open to the public
- Communicating with other providers involved in the patient's care

Conditions we commonly treat include

atrial fibrillation, mechanical heart valves, deep vein thrombosis, pulmonary embolism, CVA, TIA and other conditions that require anticoagulation therapy with Coumadin/ Warfarin.

Expert management by an anticoagulation specialist is essential for achieving a successful outcome and this therapy can bring great rewards.

## Echocardiography Excellence: ICAEL Accreditation



Echocardiograms allow us to detect potential problems early and manage many types of heart disease. This noninvasive test has become one of the standard diagnostic tools in cardiology.

Sansum Clinic's echocardiography laboratory recently received accreditation from the Intersocietal Commission for the Accreditation of Echocardiography Laboratories (ICAEL), making it the first accredited lab in Santa Barbara County.

# Certified Diabetes Care

The Sansum Clinic **Endocrinology Department** is comprised of a multidisciplinary team, including board-certified endocrinologists, physician assistants, certified diabetes educators, dieticians and registered nurses who specialize in:

- Type I diabetes
- Type II diabetes
- Pregnancy-related diabetes
- Adrenal disorders
- Lipid disorders
- Pituitary disorders
- Osteoporosis and bone health problems
- Endocrine disorders during pregnancy
- Thyroid nodules and thyroid cancer
- Graves' Disease and other thyroid conditions
- Parathyroid disorders
- Testosterone deficiency

Our department has a state-of-the-art ultrasound machine dedicated to the

diagnosis of various thyroid and parathyroid conditions. The use of ultrasonography enables our endocrinologists to accurately biopsy thyroid nodules in the office, often possible the day of the consultation.

## Comprehensive Diabetes Education

Our program's special emphasis on comprehensive diabetes education and self-management has earned recognition from the American Diabetes Association. Diabetes education is available in both group classes or one-to-one, and in English or Spanish. The curricula address a wide variety of diabetes topics including physiology, medication management, stress and depression, home glucose monitoring, nutrition, carbohydrate counting, insulin injections, insulin pumps, exercise and controlling blood glucose.

## Cross-Disciplinary Approach to Diabetes Care

Patients with diabetes can often experience complications from their illness, such as kidney disease, disorders of the nervous system, heart disorders or eye disease. It is important to have access to a team of healthcare professionals who understand your complete healthcare needs and work cooperatively to maintain the most appropriate diabetes management strategy. Sansum Clinic's integrated approach to care allows our specialists in nephrology, cardiology and ophthalmology and other related fields to work closely with each other to coordinate patient care.



## Clinical Research

Our physicians are committed to advancing the frontiers of medicine by participating in **Clinical Research** that impacts many areas of healthcare. This active participation in clinical research means patients have access to the newest treatments available without leaving town; that our community's physicians gain experience and knowledge about the newest therapies and concepts in disease management and health promotion; and that patients in Santa Barbara have the opportunity to lend their health care experiences to the greater pool of knowledge that will lead to better options for the next generation of patients.

We participate in a broad range of clinical studies, including those that explore new therapies or treatments for household allergies, Multiple Sclerosis, osteoporosis, pulmonary fibrosis, and diseases of the kidney.

Many factors make this exciting research possible: the courage and hope of patients who participate in clinical trials, the generosity of donors who are interested in supporting research, and the dedication of our physicians to ongoing clinical research. None of this would be possible without our physicians' devotion to making advancements in medicine. We are enthusiastic about the possibilities for research in our community and the positive impact it will have on patients in Santa Barbara — and worldwide.

## Oncology Research

Our new partnership for cancer care strengthens our ability to bring cutting-edge cancer knowledge and therapies to those who need it most. Now with a larger, more specialized team of physicians, the Cancer Center of Santa Barbara with Sansum Clinic is an even stronger partner for research sponsors seeking to open clinical trials on the local level. We are proud to lead our community's involvement in cancer research, keeping us on par with major academic and medical facilities. Through partnerships with industry leaders and major academic medical centers, the Cancer Center provides patients access to more than 20 national and global cancer research trials.

## Cardiology Research

The Cardiology Department's commitment to research and new technology means that patients benefit from the latest diagnostic and treatment techniques in virtually every area of cardiac medicine. As a teaching and medical research facility, we are active in multiple groundbreaking clinical trials, including Silver AMI, a study of patients over 75 years old with heart attacks, and the ABSORB trial with Abbott Vascular with the first dissolving stent.





# Oncology Services

Sansum Clinic and the Cancer Center of Santa Barbara have forged a partnership to ensure that superb comprehensive cancer care remains available right here in our community, now and in the future. The **Cancer Center of Santa Barbara with Sansum Clinic** brings together the right people, tools and healing environment to serve those on the journey to live with, through, and beyond cancer.



## Radiation Oncology

The Cancer Center's Radiation Oncology Department is recognized among the most sophisticated on the West Coast. Our highly skilled medical professionals and innovative technology attracts patients from the entire Central Coast area. To provide patients with the individualized attention they need, our staff is experienced in the most advanced approaches to treatment.

The Cancer Center's Radiation Oncology Department offers a wide range of capabilities including standard external beam radiation therapy, stereotactic radiosurgery and high dose rate brachytherapy.

## Medical Oncology & Hematology

The Cancer Center's Medical Oncology physicians and nurses provide patients with the most advanced treatment modalities in a comfortable and patient-oriented setting. Patients receive expert care with treatment plans designed for their specific medical, psychological, social and logistical needs. Our clinical staff is recognized for their exceptional medical training, compassionate care and ability to collaborate with patients and other professionals for the best outcome for the patient.

## Nuclear Medicine

The Nuclear Medicine Department at the Cancer Center consists of a team of highly trained technologists utilizing specialized imaging technology. The department is accredited by the Intersocietal Commission for the Accreditation of Nuclear Medicine Laboratories (ICANL), a comprehensive accreditation that includes general Nuclear Medicine, Nuclear Cardiology and Positron Emission Tomography (PET).





## Patient Support Programs & Services

Cancer can involve significant psychological, social, and economic challenges for patients and their families. We are committed to helping those living with cancer to take an active role in addressing these challenges and achieving a calmer mind, a healthier body, a strengthened immune system and a renewed capacity to cope. Trained medical professionals and social workers provide emotional and practical support for patients, their families and caregivers for dealing with the non-medical aspects of a cancer diagnosis.

Some of these services include:

- Hereditary Cancer Risk Counseling & Genetics
- Research and Clinical Trials
- Oncology Nutrition Services
- Cancer Resource Library
- Patient Navigation

- Counseling for Individuals, Couples, and Families
- Wigs, Hats, Turbans and Protheses
- Lymphedema Screening and Education
- Palliative Care Program

## Logistical Assistance

Comprehensive logistical assistance is available for patients and families in the areas of:

- Needs Assessment & Referral
- Financial Assistance & Counseling
- Insurance
- Transportation
- Lodging
- Advance Healthcare Directives
- Disability
- Legal Assistance
- Hospice & Home Care
- Long-Term Care Planning
- Caregiver Resources

## Support Programs & Classes

A wide range of activities, classes and complementary medicine services are offered to provide a unique supportive care program that serves as a bridge between standard cancer care and addresses all aspects of healing.

### Classes & Programs Include:

- Glider Rides
- Healing Touch
- Nutrition Services (Counseling and Classes)
- Laughter Groups
- Painting and Creative Arts (Knitting; Flower Arranging)
- Poetry
- Qigong
- Well-fit Exercise Program
- Yoga
- Support Groups & Educational Programs

## Outreach & Prevention

Preventing cancer is as important as treating it. The Cancer Center is committed to raising awareness about cancer prevention and providing opportunities to reduce cancer risk. We hold annual screenings and educational events aimed at meeting the needs of the underserved in our community.





## Surgical Expertise

Our board-certified surgeons are trained in advanced surgical techniques, including minimally invasive procedures such as laparoscopic surgery. Sansum Clinic emphasizes an integrated team approach and our surgeons work closely with other specialists involved in each patient's care to provide timely surgical intervention as needed.

In addition to general surgery, we have surgical specialists in Bariatrics, Breast Surgery, Colon & Rectal Surgery, ENT/Otolaryngology, Facial Plastic Surgery, Gastroenterology, Oncology, Obstetrics & Gynecology, Orthopedics, Podiatry and

Urology. A number of our surgeons contribute to the advancement of the surgical profession by serving as clinical instructors for the surgical residency program at Santa Barbara Cottage Hospital.





# Medical, Surgical & Specialty Care



## Allergy & Immunology

The Sansum Clinic **Allergy & Immunology Department** offers expertise in allergic disorders, lung disease and immune deficiencies to patients of all ages. Our physicians, physicians assistants and health

educators also provide respiratory therapy, individualized asthma education, and immunotherapy for allergic rhinitis, asthma and stinging insect allergy.



## Bariatric Surgery

The Sansum Clinic **Bariatric Surgery Center** has been designated as a Bariatric Surgery Center of Excellence® by the American Society for Metabolic

and Bariatric Surgery. Gastric Bypass and Lap-Band surgery have proven to be safe and effective treatments for severe obesity.



## Breast Care

Sansum Clinic's comprehensive **Breast Care Team** provides prompt and compassionate service to women and men for all aspects of breast health, including well breast care, mammography, breast surgery, breast cancer prevention planning, educational

services, nutritional guidance, and psychosocial support services. Our breast care navigators serve as a liaison between individual patients and the various healthcare providers required for proper diagnosis, treatment and disease management.



## Colon & Rectal Surgery

The Sansum **Clinic Colon & Rectal Surgery Department** specializes in the diagnosis, evaluation and treatment of patients with diseases and conditions of the small bowel, colon, rectum and pelvic floor,

including preventive care. Our comprehensive treatment options include traditional surgery, minimally invasive procedures and endoscopic procedures.



## Dermatology

Our **Dermatology Department** offers a full range of dermatologic care for both common and rare problems of the skin, hair and nails. Our dermatologists have

expertise in the areas of medical, surgical (including Mohs) and pediatric dermatology.



## Ear, Nose & Throat/Otolaryngology (ENT)

The Sansum **Clinic Ear, Nose & Throat/Otolaryngology Department (ENT)** provides expert medical and surgical service to patients with conditions or diseases of the head and neck, including the ear, nose, oral cavity,

sinuses, larynx, pharynx and thyroid. Our Audiologists treat hearing loss, balance disorders and prevent related damage.



## Facial Plastic Surgery & Aesthetics

Our **Facial Plastic Surgery & Aesthetics Department** has performed thousands of surgical and non-surgical corrections of the face, skin, forehead, brow, eyelids, nose, cheeks, chin, and neck. Dr. David F. LaPatka and his experienced team of

certified nurses, technicians and nurse aestheticians are dedicated to maintaining the highest standards at our Distinguished Specialty Center for Facial Plastic Surgery and Aesthetics.



## Gastroenterology

The Sansum Clinic **Gastroenterology Department** offers advanced procedures and the latest technology for prevention, diagnosis and treatment of gastrointestinal (GI) disorders.

Our medical staff performs a range of procedures including endoscopy to

identify cysts, tumors or other abnormalities that can go undetected by CT scans or MRIs; colonoscopy to identify polyps and detect early signs of cancer; or ERCP to assist in the diagnosis and treatment of pancreatic and bile duct problems.



## Geriatrics

The physicians in our **Geriatrics Department** provide non-surgical medical care to help older adults live healthy, productive lives through improved function, independence, well

being, comfort and quality of life. Geriatrics services include preventive care, diagnostic evaluations, and management of illnesses and multi-system diseases.



## Infectious Diseases

The Sansum Clinic **Infectious Diseases Department** specializes in the diagnosis and treatment of infectious

diseases, and conducts research to improve knowledge and treatment of infectious diseases.



## Lymphedema Therapy

The **Lymphedema Therapy Center** offers the treatment of choice for Lymphedema: Complete Decongestive Treatment by a certified therapist utilizing Manual Lymph Drainage (MLD). The goals of the

lymphedema therapist are to reduce the edema of the affected extremity, improve any accompanying disability to independent functional levels and to teach patients how to manage their condition.



## Nephrology

The Sansum Clinic **Nephrology Department** offers expert diagnostic and

treatment techniques for rare and common kidney diseases.



## Neurology

The Sansum Clinic **Neurology Department** diagnoses and treats conditions of the brain and nervous system, including rare and complex conditions. Our Neurologists are trained to treat multiple sclerosis,

insomnia, dementia, seizures, epilepsy, sleep apnea, neuropathy, and dizziness, among many other neurological conditions.



## Nutrition

Our **Nutrition Department** offers comprehensive nutrition services and diabetes

education to patients with a nutritional concern, pre-diabetes or diabetes.



## Obstetrics & Gynecology

The physicians in our **Obstetrics & Gynecology Department** are dedicated to providing women with primary care and reproductive medical care throughout their journey from childbearing age to menopause and

beyond. The medical staff includes physicians, a certified nurse midwife, nurse practitioners and physician assistants who offer comprehensive and personalized care.



## Occupational Medicine

The **Occupational Medicine Department** provides comprehensive medical services tailored specifically to meet the needs of business and industry. The services we provide can play a key role in business success by

helping employers to meet important strategic and operational goals, such as identifying and controlling potential work-related health hazards or controlling lost time from work-related injuries or illnesses.



## Ophthalmology

The Sansum Clinic Ophthalmology Department is the only multi-specialty ophthalmology center in the region. All our medical staff practice general ophthalmology and each specializes in a different sub-specialty, including glaucoma, cornea and refractive surgery, neuro-ophthamology, oculoplastics, pediatric ophthalmology

and adult strabismus and others. The individual specialization and close collaboration among our ophthalmologist together with our LASIK Eye Care Center and our Optical Department offers patients the most comprehensive vision care possible at our Distinguished Specialty Eye Care Center.



## Orthopedics

The Sansum Clinic **Orthopedics Department** is comprised of highly trained orthopedic surgeons specializing in musculoskeletal

disorders and injuries, including damage to bones, spine, muscles, tendons, ligaments or joints.



## Physical Therapy

Our **Physical Therapy Department** works closely with patients to improve function and quality of life. Our therapists develop individualized

therapeutic exercise programs using manual treatments and other therapies, which are accompanied by customized home exercise regimens.



## Podiatry

Specialists in Sansum Clinic's **Podiatry Department** assess, diagnose and provide medical and surgical treatment

of foot and ankle problems in patients of all ages.



## Psychiatry

The Sansum Clinic **Psychiatry Department** provides mental and emotional health services, including

therapy and medication management, customized to the needs of individual patients who turn to us for help.



## Psychology

The Sansum Clinic **Psychology Department** offers expertise in comprehensive psychological health services including psychotherapy, marital therapy, family therapy and grief counseling. Our services are customized

to the individual needs of each patient. Psychology works in tandem with the Psychiatry Department in cases where medication is necessary.



## Pulmonary & Critical Care

Sansum Clinic **Pulmonary & Critical Care** specialists provide comprehensive diagnostic and therapeutic services for patients with a range of respiratory

illnesses or diseases that affect the lungs and airways, including sleeping disorders.



## Radiology

The Sansum Clinic **Radiology Department** offers advanced imaging technology including X-rays, Magnetic Resonance Imaging (MRI), digital mammography, digital breast biopsy,

ultrasonography, CT (Computed Tomography), fluoroscopy and PET-CT (Positron Emission Tomography - Computed Tomography).



## Rheumatology

Specialists in the Sansum Clinic **Rheumatology Department** provide a full range of clinical services for the diagnosis and treatment of conditions affecting the joints, bones and muscles.

They provide expert diagnostic and therapeutic care for lupus, rheumatoid arthritis and other serious rheumatoid conditions.



## Travel & Tropical Medicine

The Sansum Clinic Travel and Tropical Medicine Center specializes in all travel-related issues and illnesses. The center offers pre-travel immunizations and

customized healthcare designed around you and your destination. Post-travel screenings and follow-up care are available if needed.



## Urology

The Sansum Clinic **Urology Department** is a team of specialists who diagnose and treat problems of the male and female urinary tract and the male reproductive organs. Urologists provide medical and surgical care throughout

the life cycle — from newborns to elderly. Urologists encounter a broad range of clinical problems so they are familiar with other medical fields, including internal medicine, pediatrics, gynecology, geriatrics and oncology.



## Vascular Surgery

The surgeons in the Sansum Clinic **Vascular Surgery Department** specializes in diseases of the vascular system (veins and arteries), which are managed

through medical therapy, minimally-invasive catheter procedures and surgical reconstruction.

# Distinguished Specialty Centers

## Bariatric Surgery Center

Severe obesity is a chronic disease that affects millions of Americans, and taking the first step toward weight loss can be very daunting.

The Sansum Clinic **Bariatric Surgery Center** has been designated as a Bariatric Surgery Center of Excellence® by the American Society for Metabolic and Bariatric Surgery.

Sansum Clinic's Bariatric Surgery Center was created to respond to the growing number of patients seeking to fight obesity and related chronic diseases. We offer integrated treatment through dietary, medical, surgical and educational intervention which has contributed to our patients' success.

Our services include:

- **Pre-surgery Educational and Informational Sessions**
- **Laparoscopic Bypass Surgery**
- **Lap-Band Surgery**
- **Laparoscopic Vertical Sleeve Gastrectomy**
- **Laparoscopic Revisional Surgery**
- **Nutrition Counseling**
- **Medical Consultations**
- **Ongoing Support Groups**
- **Post-Surgery Monitoring**

Our board-certified bariatric surgeons work with you before and after surgery to ensure you experience all the benefits of your procedure and supportive follow-up care.

## Doctors' Weight Management Program

Sansum Clinic's **Doctors' Weight Management Program** is a medically supervised behavioral weight management program that addresses obesity, high blood pressure, diabetes and pre-diabetes, metabolic syndrome, joint pain and other illnesses and conditions associated with weight management and obesity.

Our goal is to help you lose weight while teaching you the skills you need to manage your weight successfully in the long-term.

Group classes focus on easy ways to lower fat and calories, and offer simple strategies to add physical activity and more fruits and vegetables into your daily routine.

The Doctors' Weight Management Program uses Health Management Resources (HMR) meal replacements and entrees. HMR is the leading provider of medically-based weight management programs in clinics, hospitals and major medical centers throughout the country. We are recognized by HMR as a Gold Standard Program, achieving the highest

compliance and success of all HMR programs.

Health educators help participants set goals and reach them through a structure of personal accountability and follow-up.

Many patients with high blood pressure or diabetes are able to reduce or eliminate medications, and patients can dramatically reduce their risk of heart disease and other weight related conditions.

We offer both in-Clinic and at-home programs. After the initial weight loss phase of the program, participants attend weekly maintenance classes where they continue to receive support while learning additional, simple strategies for successful long-term weight management.

BEFORE



AFTER



## Eye Care Center

The Sansum Clinic **Eye Care Center** is the only multi-specialty ophthalmology center in the region. All our medical staff practices general ophthalmology and each specializes in a different sub-specialty, including glaucoma, cornea and refractive surgery, neuro-ophthalmology, oculoplastics, pediatric ophthalmology and adult strabismus, as well as optometry. The surgeons in the Sansum Clinic Ophthalmology Department perform more ophthalmic procedures than any other office in the area. Our patients range in age from pre-mature infants to senior citizens. We offer the most comprehensive services available, including:

- General Ophthalmology
- Optometry
- Lasik
- Cornea/Refractive Surgery
- Cataract Surgery

- Glaucoma Surgery
- Neuro-Ophthalmology
- Oculoplastics
- Pediatric Ophthalmology
- Adult Strabismus
- Retina Specialists
- Optical Shop



## Facial Plastic Surgery & Aesthetics

Our **Facial Plastic Surgery & Aesthetics Department** honors the gifts that nature has granted, restoring and highlighting each person's unique beauty.

Our full range of cosmetic surgery services includes face lifts, neck lifts, mini-lifts and nonsurgical solutions.

We have successfully performed thousands of corrections of the face, skin, forehead, brow, eyelids, nose, cheeks, chin and neck.

Face lifts are one of our more popular surgeries. This surgical procedure is often combined with laser resurfacing to improve the health and texture of the skin. We also offer a wide range of aesthetic services including Botox®, Dysport® and minimally invasive dermal filler such as



Juvederm®, Radiesse®, Restylane®, Perlane® and Belotero®.

We place a premium on trust, making sure that each patient's comfort is assured, that your privacy is maintained, and most of all that you have the information necessary to make informed healthcare decisions.



## Premier Physical Program

The **Premier Physical Program** provides a comprehensive health program for busy executives and individuals who wish to receive the very best medical care available, combined with a focus on preventative care.

The Premier Physical Program provides a complete personal health profile for each patient, with recommendations for lifestyle changes that can promote wellness, prevent future health problems and improve your physical energy and productivity. The Premier Physical Program provides the high-quality medical care and personal service you deserve, with the most comprehensive preventative health screenings available to keep you in the best of health. Our program combines advanced diagnostic testing and evaluation with a review of your family medical history and an assessment of your current lifestyle. Working one-on-one with a board certified internist, you will uncover



potential health risks and learn new lifestyle choices that will help you feel your best, potentially adding years to your life.

Your dedicated internist will prepare a written summary of your tests and a recommended course of action. Core services can be completed in one day.



## Travel & Tropical Medicine Center

The Sansum Clinic **Travel & Tropical Medicine Center** educates travelers about how to avoid illness while abroad. Travelers are advised on the importance of personal protection measures against mosquito and tick bites and proper food and water hygiene to avoid illness. We provide travelers with information specific to their country of destination, appropriate maps delineating malaria risk areas and pre-travel check lists of useful supplies. Specific information on rabies prevention, altitude illness and water exposure risks are provided when appropriate.

In addition to offering pre-travel vaccination, we have years of experience diagnosing and treating post-travel infections.

We specialize in all travel-related issues and illnesses including:

- **Malaria Prophylaxis and Treatment**
- **Traveler's Diarrhea**
- **Mosquito Precautions**
- **Altitude Illness: Prevention and Treatment**
- **Parasitic Infections**
- **Bacterial Infections**
- **Viral Infections**
- **Fungal Infections**
- **Travelers with HIV**
- **Travelers with Medical Conditions**



## Health Education Programs

Our **Health Education Programs** are designed with you in mind. All are taught by professionals, include take-home materials and are available on an ongoing basis. They are free of charge or low in cost and are open to the community.

For more information or to register online visit [www.sansumclinic.org/classes](http://www.sansumclinic.org/classes).

### Programs

- Advance Directives
- Back Wellness
- Balance & Mobility
- Bariatric Surgery Orientation
- Coumadin & Warfarin
- Diabetes Basics
- Diabetes Blood Sugar Control
- Fibromyalgia Support Group
- Heart Health
- Healthier Living (pilot) with Ongoing Health Conditions
- Hip or Knee Replacement Seminar
- HIV Support Group
- Insulin Users Peer Group
- Lymphedema Education
- Medicare
- Neck & Posture Wellness
- Nutrition Navigator
- Oncology Support Programs
- Pre-Diabetes
- Stress Management
- Walk & Train with the Physical Therapist
- Weight Management Strategies
- WomenHeart Support Group



# The Wave Electronic Health Record

We have made significant changes to better manage your healthcare information. We have launched a new and innovative electronic health record system to improve the exceptional care you've come to expect from us. The system, called the **Wave**, provides complete electronic documentation of the care you receive at Sansum Clinic.

The Wave uses advanced technology to make information about your healthcare more complete and accessible for you and your healthcare providers. By creating a complete, legible and continuously updated electronic health record for each patient, your healthcare providers have access to your information, from anywhere at any time.

All of the information that used to be written down on paper and put in your file is now recorded and stored electronically. Once this information is entered into the system, it is effectively managed and shared with your healthcare providers. This results in fewer forms to fill out and fewer questions to answer repeatedly.

Your Sansum Clinic providers can quickly view your records to see your medications, allergies, tests and treatments you've received. Having that information readily available can enhance the care you receive, and could make a big difference in an emergency, when time matters most.

## Tools to Better Manage Your Healthcare

### Medication Alerts

Your physician enters prescriptions or treatment orders directly into the Wave and submits them electronically to your pharmacy, saving time and improving accuracy. If there is the possibility of an allergic reaction or an interaction with another medication you are taking, your physician will receive an alert to prescribe a different drug.



### Enhanced Communication

The Wave allows us to provide you with more complete and detailed health information. We print summaries of your visit with instructions and reminders about your next appointment or follow-up tests. Test results are automatically included in your health record, allowing your provider to track your results in graph form to see the progress you are making.

### Anytime Access

Authorized physicians, nurses and other healthcare providers will have secure round-the-clock access to your information, enhancing our ability to deliver highly coordinated healthcare across all our departments and locations.

One of the many benefits of receiving your care at Sansum Clinic is the depth and breadth of services we offer. With multiple patient care facilities and more than 30 specialties, the Wave ensures that we provide excellent coordination of care to all our patients. And it improves the flow of your experience by orchestrating the activities of our entire team, from check-in through billing.

**wave**  
The Electronic Health Record

# MyChart Online Personal Health Record

One of the most exciting features of the Wave is our secure patient connection – **MyChart** – which provides you with direct online access to key parts of your medical record. MyChart allows you to view your health information, such as lab results, appointment information, medications, immunization records and details about your visits.

Whether you are at work, on the road or at home, you can view test results, messages from your physician, and your key medical information. You can even access your family's records\* and request your next appointment online. So sign up today – and get connected to your health!

## With MyChart You Can:

### Send a message to your physician's office

Communicating with your physician's office is as simple as sending an email, but even more secure. And you are able to request prescription refills online.

### Check your test results

View some test results online and save time waiting for a phone call or letter. You can also chart and graph your results over time.

### Request your appointments online anytime

Request your next appointment online, or view details of your past and upcoming appointments.

### View your medical information

Review your medications, immunizations, allergies and medical history; and review health education topics or discharge instructions provided by your physician.

### Explore health education resources

Access information about tests, medications, procedures and lifestyle choices at your fingertips with our online health education resources.

### Access your family's records

Link your children's and elderly relative's accounts\* to yours for convenient access to appointments, immunization records, growth charts and more.



\*MyChart access to the accounts of family members requires proof of legal guardianship/parental relationship. For more details, please refer to the MyChart Terms and Conditions.

Due to California and Federal patient privacy laws, patients 12 – 17 years old will have limited access to MyChart.

# Prescription Pharmacy

The **Prescription Pharmacy** at Sansum Clinic offers the same personalized service that we deliver to our patients every day.

By having all your prescriptions filled with us, we can help keep an accurate medication history which will aid in catching potentially harmful drug interactions, and we can make sure you are getting the most out of your medication therapy. Because we are a department of Sansum Clinic, we work closely with your physician or health provider to ensure all your health and medication needs are being met.



## Prescription Options:

We receive most new prescription orders directly from your physician's office into our secure computer system. Your prescriptions may arrive before you leave your appointment, which can eliminate the need to drop off the original prescription and wait. We offer a one-stop shop for patients who need to fill a prescription before they go home. Have your provider select Prescription Pharmacy as your preferred pharmacy and your order will go directly to our pharmacy for prompt processing.

If there are questions about your prescription order or necessary changes, our pharmacists have direct access to your physician.



## Personal Service:

- **Local delivery within Santa Barbara city limits for a nominal fee**
- **We assist with insurance benefit coordination to make sure you have utilized the best coverage available to you**
- **We honor most major prescription insurance plans, worker's compensation, and major credit cards**
- **We place a strong emphasis on community, and our pharmacists make a special effort to get to know the physician and patients who utilize our pharmacy**

## Two Convenient Locations:

215 Pesetas Lane  
Santa Barbara, CA 93110  
(805) 964-4831

51 Hitchcock Way  
Santa Barbara, CA 93105  
(805) 563-6163

# Insurance Information & Hospital Affiliation

We make it convenient for you to choose Sansum Clinic as your long-term healthcare provider by accepting payment through a wide range of options. We accept:

- **Medicare**
- Many **Medicare Advantage** plans
- Many **Medicare Part D** plans
- Most **CenCal health** plans
- Many **HMO** plans
- Many **PPO** plans
- Many **Mental (Behavioral) Health** plans
- Many **Vision** and **Eyewear** plans
- Many **Workers' Compensation** plans

Visit [www.sansumclinic.org/plan-types](http://www.sansumclinic.org/plan-types) for information about specific plans.

Insurance plan coverage and contracts are always subject to change. It's important that you get confirmation of plan details directly from the insurance company before your appointment.

## Hospital Affiliation

Our physicians admit patients to the following local hospitals:

### **Cottage Health System Santa Barbara Cottage Hospital**

400 W. Pueblo Street  
Santa Barbara, CA 93105  
(805) 682-7111

### **Goleta Valley Cottage Hospital**

351 South Patterson Avenue  
Santa Barbara, CA 93111  
(805) 967-3411

### **Santa Ynez Valley Cottage Hospital**

2050 Viborg Road  
Solvang, CA 93463  
(805) 688-6431

### **Cottage Children's Hospital**

PO Box 689  
Santa Barbara, CA 93102  
(877) 247-3260 (Toll free)

### **Cottage Rehabilitation Hospital**

2415 De la Vina  
Santa Barbara, CA 93105  
(805) 687-7444

### **Lompoc Valley Medical Center**

1515 East Ocean Avenue  
Lompoc, CA 93436  
(805) 737-3300 TTY: (805) 737-5451

In many cases, when patients are admitted to the hospital, a member of our **Hospitalist** team will do an evaluation and provide care throughout the patient's stay. Primary care physicians are kept informed about their patients' progress during the hospitalization and the plan for care upon discharge. All of Sansum Clinic's Hospitalists are board certified in their respective fields.



## Community Service Programs

In addition to being a leading provider of healthcare in Santa Barbara County, Sansum Clinic is a **community service organization** that contributes to the well-being of the community in many different ways. Through programs such as free health education classes, flu shot clinics, and a collaboration with the Santa Barbara Neighborhood Clinics for free diagnostic services for those in need, Sansum Clinic improves the quality of life of this community by delivering the educational and humanitarian components of a comprehensive healthcare program.

### Health Resource Center

In this age of information explosion, seeking accurate, reliable health information is often challenging. Sansum Clinic's Health Resource Center (HRC) is a private, comfortable place where patients and non-patients can find essential information with help from a health educator and trained volunteers.

Visitors at the HRC will find internet kiosks, books for health consumers, videos, and health newsletters.

The HRC can assist with the preparation of an Advance Healthcare Directive, which is used to record your choices about serious illness and end of life decisions. Staff can help patients talk with family members and their

providers about preferences; balance the benefits and burdens of medical treatments; and choose the right person to make decisions if patients are unable to do so.

Patients, community members and physicians seeking oncology-specific information are invited to visit the **Cancer Resource Library** at Cancer Center of Santa Barbara with Sansum clinic

### Health Education Programs

Our health education programs serve more than 8,500 people each year on a variety of topics to improve their health and wellness. They are free of charge or low in cost and are open to the community. Read more about our health education programs on page 22.

### Camp Wheez Day Camp for Children with Chronic Asthma

Camp Wheez is a free, week-long day camp for children ages 6-12 with chronic asthma. Camp Wheez provides asthma education, physical development skills, arts and crafts projects and good old-fashioned camp fun designed for these kids' with special needs.



# Our Nonprofit Organization

## Santa Barbara Neighborhood Clinic Partnership

Sansum Clinic cares for people who could not otherwise afford medical services through its collaboration with the Santa Barbara Neighborhood Clinics (SBNC). The Clinic annually provides more than \$400,000 in cardiology and other diagnostic tests, including MRIs, electrocardiograms, ultrasounds and CT scans at no charge to qualified SBNC patients.

SBNC also serves as the facilitator for the nation's largest free colonoscopy screening program established through a generous gift to Sansum Clinic from Santa Barbara philanthropist, Dr. Virgil Elings.

## Community Flu Shot Program

Sansum Clinic provides flu shots through our community-wide Flu Shot Program each October to January, resulting in better health and well-being for the residents of our community. We have been offering this service for more than a decade, providing more than 110,000 people with flu shots throughout the county.

## Visiting Professor of Surgery

The Visiting Professor of Surgery Education Fund was established in December 2010 by Ronald G. Latimer, MD (Emeritus) and Sansum Clinic to advance the educational opportunities of local surgeons and to demonstrate a commitment to quality surgical care in Santa Barbara. The program allows a prominent national or international surgeon to be in residence in Santa Barbara for one week each year. During the week, the Visiting Professor interacts, teaches and

mentors practicing community surgeons and the general surgical residents at Santa Barbara Cottage Hospital.

## How You Can Help

We have a rich history of healthcare excellence and innovation. We provide the full spectrum of services ranging from primary care to more than 30 specialties at our more than 20 patient care locations throughout Santa Barbara County. One of the many benefits of receiving care at Sansum Clinic is the coordination of medical services across all departments. We need your help so that we may continue to:

- Invest in new technology
- Invest in infrastructure
- Recruit the best and the brightest physicians
- Invest in research that advances healthcare
- Invest in community services to improve the overall health and wellbeing of our community members

If you would like to give a gift of support to ensure quality healthcare for our community, please call **Dru A. Hartley**, Director of Philanthropy, at **(805) 681-7726** or [dhartley@sansumclinic.org](mailto:dhartley@sansumclinic.org).



# Tips to Help You Stay Healthy

You know your body better than anyone. Tell your doctor or nurse about any changes in your health and ask about any concerns you may have. Follow these simple steps for your good health.

## Get the Health Screenings You Need

Screenings are tests that look for diseases before you have symptoms. Here are some conditions you should consider screening for based upon your age, gender and other potential risk factors:

- High Blood Pressure
- High Cholesterol
- Type 1 and Type 2 Diabetes
- Overweight and Obesity
- Depression
- Breast Cancer
- Cervical Cancer
- Osteoporosis (Bone Thinning)
- Colorectal Cancer
- HIV, Syphilis, Chlamydia, Hepatitis C and Other Sexually Transmitted Diseases
- Glaucoma
- Skin Cancer
- Abdominal Aortic Aneurysm

## Take Preventive Steps

**Immunizations.** Get a flu shot every year. If you are 65 or older, get a pneumonia shot. Depending on your health problems, you may need immunizations to prevent diseases like whooping cough or shingles. Talk with your doctor or nurse about what's right for you.

**Colon Cancer Prevention.** People over 50 years of age should have colon cancer screening, usually with periodic colonoscopy. Some patients with greater risk should start screening before age 50.

**Breast Cancer Screening.** Women over 40 years of age should have periodic (usually yearly) mammograms. Some women with

very strong family histories may require other screening tests and some may even benefit from medications to lower their risk.

**Skin Cancer Prevention.** Wear sunscreen and avoid sun exposure, as skin cancers are the most common form of cancer. See your primary care physician or dermatologist if there are skin lesions that are concerning.



## Take These Steps to Your Good Health

- Be physically active
- Make healthy food choices
- Get to a healthy weight and stay there
- Be tobacco free
- If you drink alcohol, have no more than two drinks per day
- Learn about our wellness programs at [www.sansumclinic.org/health-and-wellness](http://www.sansumclinic.org/health-and-wellness)

Sansum Clinic offers a number of publications to keep our patients, their families and the community apprised of healthcare news and Sansum Clinic activities. **Good Health** is our quarterly magazine about healthcare in our community and healthy lifestyles. With insightful articles, interviews, anecdotes, resources, and practical advice, *Good Health* is designed to provide you and your family a stronger connection to your healthcare. To be added to our mailing list, please visit [www.sansumclinic.org/newsletter-publications](http://www.sansumclinic.org/newsletter-publications).



# Locations

1 (800) 4-SANSUM

## Santa Barbara

### Sansum Clinic, Pueblo Multi-Specialty

317 W Pueblo St, Santa Barbara, CA 93105	681-7500
Anti-Coagulation Clinic	898-3070
Bariatric Surgery Center	898-3472
Cancer Center of Santa Barbara	898-3270
Laboratory, Pacific Diagnostic Laboratories	879-8100
Premier Physical Program	898-3202
Travel and Tropical Medicine Center	898-3530

### Sansum Clinic, Pesetas Multi-Specialty

215 Pesetas Ln, Santa Barbara, CA 93110	681-7500
Facial Plastic Surgery & Aesthetics	681-7844
Health Resource Center	681-7672
Health Education Department	681-8976
Laboratory, Pacific Diagnostic Laboratories	879-8100
Prescription Pharmacy at Sansum Clinic	964-4831

### Sansum Clinic, Hitchcock Urgent Care & Pediatrics

51 Hitchcock Wy, Santa Barbara, CA 93105	563-6100
Urgent Care	563-6110
Pediatrics – Appointments only	563-6211
Prescription Pharmacy at Sansum Clinic	563-6133
The Doctors' Weight Management Program	563-6190
Skilled Nursing Facility	563-6180

### Cancer Center of Santa Barbara with Sansum Clinic

300 West Pueblo St, Santa Barbara, CA 93105	682-7300
Radiation Oncology	
Nuclear Medicine	
Support Services	

### 540 West Pueblo St, Santa Barbara, CA 93105 563-5800

Hematology & Medical Oncology	
Support Services	
Research	
Wellness	
Resource Library	

### Pulmonary/Critical Care Medicine

301 W Pueblo St, Santa Barbara, CA 93105	898-3400
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### Obstetrics & Gynecology

515 W Pueblo St, Santa Barbara, CA 93105	681-8911
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### Ophthalmology & Optical Shop

29 W Anapamu St, Santa Barbara, CA 93101	681-8950
Laser Eye Care Center	681-8951
Ophthalmology	681-8950
Optical Shop	681-8980
Pediatric & Ocular Motility Center	681-8950

### State Street Family Medicine

1919 State St, Ste 307, Santa Barbara, CA 93101	563-6120
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### Psychiatry and Psychology

1525 State St, Suite 103, Santa Barbara, CA 93101	681-7517
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### Physical Therapy

27 E Canon Perdido St, Santa Barbara, CA 93101	681-1711
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### Physical Therapy

41 Hitchcock Wy, Santa Barbara, CA 93105	681-7781
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### Sansum Clinic, Corporate Office

470 S Patterson Av, Santa Barbara, CA 93111	681-7700
Philanthropy Department	681-7726

### Human Resources and Business Services

5330 Ekwill St, Santa Barbara, CA 93111	
Human Resources	681-1745
Managed Care Referral	681-7594
Patient Accounts/Billing Department	681-1760

## Goleta

### Physical Therapy

334 S Patterson Av, Santa Barbara, CA 93101	681-1860
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### Goleta Family Medicine

122 S. Patterson Av, Santa Barbara, CA 93111	
Suite 131	681-1777
Suite 230A	681-1733
Suite 230B	681-1744

### Occupational Medicine

101 S. Patterson Ave, Santa Barbara, CA 93111	898-3311
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## Carpinteria

### Sansum Clinic, Carpinteria

4806 Carpinteria Av, Carpinteria, CA 93013	566-5080
Family Medicine	
Same Day Appointments	566-5000

## Lompoc

### Sansum Clinic, Lompoc Multi-Specialty

1225 N H St, Lompoc, CA 93436	737-8700
Family Medicine/Internal Medicine	737-8700
Laboratory	737-8790
Hematology & Medical Oncology	737-8680
Pediatrics	737-8760
Physical Therapy	737-8740
Urgent Care	737-8786

### Lompoc Obstetrics & Gynecology

1017 E Ocean Ave, Ste A, Lompoc, CA 93436	737-8624
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### Lompoc Urology

1017 E Ocean Ave, Ste B, Lompoc, CA 93436	737-8765
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## Solvang

### Sansum Country Clinic

2027 Village Ln, Ste 102, Solvang, CA 93463	688-3440
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### Cancer Center of Santa Barbara with Sansum Clinic

2040 Viborg Rd, Ste 140, Solvang, CA 93463	686-5370
Hematology & Medical Oncology	
Rheumatology	

## Santa Maria

### Dermatology Associates of Sansum Clinic

1414 S Miller St, Ste H, Santa Maria, CA 93454	349-7576
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# OUR VALUES

*Compassion*  
*Accountability*  
*Respect*  
*Excellence*  
*Stewardship*



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**sansum**<sup>SM</sup>  
**CLINIC**

*for your good health*

**YOUR CARE**

*is our highest priority*

Clinic Operator: 1 (800) 4-SANSUM  
[www.sansumclinic.org](http://www.sansumclinic.org)

Sansum Clinic is a 501(c)(3) California Nonprofit Public Benefit Corporation,  
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