**Urodynamic Instructions for Patients**

You have been scheduled for a urodynamic evaluation with Dr. Rogers.

Dr. Rogers is a Fellowship Trained Urologist in Female and Male Voiding Dysfunction. She will review all results with you on the same day as your testing.

**\*\*As a consideration to all other patients, please arrive promptly at your arrival time written above.**

**We perform multiple studies each day and if one person is late, all other patients get delayed.**

**If you need to cancel your appt, please do so with as much time as possible and at least 48 hours ahead of time so we may give your appt to another patient.**

Instructions prior to Urodynamic Testing:

* You may drive yourself to you appointment.
* Continue to take all of your regularly prescribed medications unless otherwise instructed.
* There are no dietary restrictions; you may eat and drink on the day of the testing.
* Upon arrival and completion of any necessary paperwork, the nurse will take you back to the procedure room where you will be asked to give a urine sample.
* After insuring that you do not have a urinary tract infection, preparation for your testing will begin.
* While the actual testing is about 30 minutes, you entire appt including preparation and discussing your results with Dr. Rogers will be approximately 90 minutes.

Instructions for after Urodyanmics Testing:

* Continue to take all of your regularly prescribed medications unless otherwise instructed.
* There are no dietary restrictions or activity restrictions either before or after your testing.
* Stay hydrated after your urodynamic testing.
* It is normal to have some burning with urination after the testing as a result of the catheter placement. You may have pink urine. This should resolve within 24 hours.