

Premierphysicalprogram

Wholebody

Premierphysicalprogram

Oneplace



To schedule an appointment, contact the
Premier Physical Program Coordinator at:
(805) 898-3202 (800) 4-SANSUM, ext. 3202
www.sansumclinic.org/ppp

317 West Pueblo Street
Santa Barbara, California 93105



Sansum Clinic is a 501(c)(3) California Nonprofit Public Benefit Corporation, and is accredited by the Institute for Medical Quality.



Whole Body Health

Santa Barbara... the California Riviera

Come experience the famous Santa Barbara red tile roofs, warm weather and the white sandy beaches. You will be amazed by the plethora of boutiques, art galleries, museums, theaters, restaurants, and antique shops. Lose yourself in the Santa Barbara wine country or play championship golf. Go whale watching or just watch the clouds pass by the beautiful blue skies. With year-round sunshine and so much to do, the **Premier Physical Program** at Santa Barbara's Sansum Clinic is the perfect place to look after your health... you just might enjoy yourself in the process!

The Right Program for You

The **Premier Physical Program** provides a comprehensive health program for busy executives and individuals who wish to receive the very best medical care available. Located in the beautiful coastal town of Santa Barbara, our one place, whole body health program can be tailored to meet your specific needs. The **Premier Physical Program** also provides a complete personal health profile for every patient, with recommendations for lifestyle changes that can prevent future health problems and improve your physical energy and productivity.

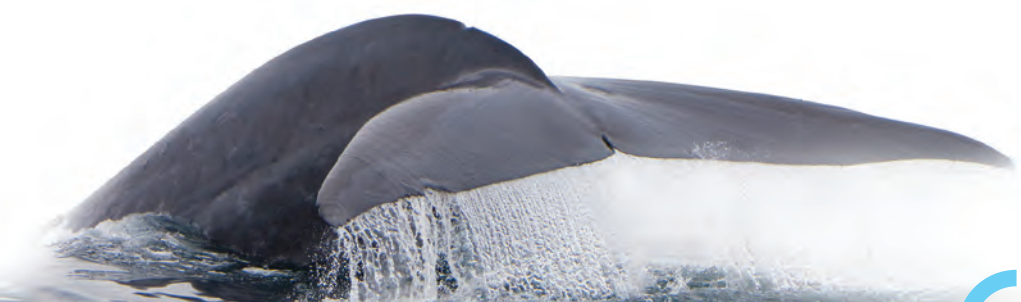


Sansum – A Reputation of Caring

Sansum Clinic's reputation for providing quality medical care has steadily grown since its founding in 1921. Today, people who recognize the irreplaceable value of sound health travel from all corners of the world to visit our clinics in Santa Barbara. For nearly a century, individuals and companies have chosen Sansum Clinic for its expertise in more than 30 areas of medical specialty, and our attention to personal care.

Located in Paradise

Sansum Clinic is located off Highway 101, 90 miles North of Los Angeles and 320 miles South of San Francisco. The Santa Barbara Airport - only a ten minute drive from our clinics, services most major airlines (directly or connections) from all major U.S. cities. To make your visit to Sansum Clinic as comfortable as possible, we will provide you with a private room to relax between tests. The **Premier Physical Program** lounge gives you a quiet place to read or watch TV, as well as providing access to a business phone and fax, a copy of the Wall Street Journal, and a personal gift for you to enjoy.



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Medical Services

Core Services:

- Medical exam by a Board Certified Internist
- Laboratory blood work including complete blood count and lipid and thyroid panels
- Stool occult blood test
- Routine urinalysis
- Pulmonary function test (spirometry)
- Prostate Specific Antigen (PSA) for men
- Pelvic exam for women
- Body composition analysis
- Advance care planning
- Summary consultation with recommendations for lifestyle modification

A La Carte Options

As determined by you and your physician:

- Colonoscopy
- Stress ECHO test
- Diagnostic chest x-rays
- PAP test
- Mammography
- Osteoporosis bone density study
- Ear-nose-throat (ENT) consult
- Dermatological exam

Additional Tests & Services Available

- Visual and hearing exams
- HIV serology
- Nutrition consultation
- Stress reduction
- Immunizations
- LASIK
- Facial plastic surgery
- Laser skin resurfacing
- Pre-employment screening
- Workers' compensation exams
- Weight loss program

Your dedicated internist will prepare a written summary of your tests and a recommended course of action. Core services can be completed in one day. Please let us know if there are additional tests we can schedule during your visit.

When the medical professionals at Sansum Clinic created the **Premier Physical Program**, they had you in mind. You're the one who is responsible for the way you feel every day, and you want the best care available. **The Premier Physical Program** provides the high-quality medical care and personal service you deserve, with the most comprehensive preventive health screenings available to keep you in the best of health. Our program combines advanced diagnostic testing and evaluation with a review of your family medical history and an assessment of your current lifestyle. Working one-on-one with a Board Certified Internist, you'll uncover potential health risks and learn new lifestyle habits that will help you feel your best ... potentially adding years to your life.

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Lounge in Luxury

Sansum Clinic has partnered with the **Canary Hotel** to ensure you enjoy your stay in Santa Barbara from the time you arrive... through the duration of your visit. The **Canary Hotel** shares our commitment to delivering superior service. They have agreed to extend a special discounted rate to guests of Sansum Clinics' **Premier Physical Program**.



Perched conveniently one block from trendy State Street, the **Canary Hotel** is the only full service luxury boutique hotel in downtown Santa Barbara. ETC Hotels journeyed to the Canary Islands and returned with a slice of the Islands' natural beauty and serenity. From the nature songs that fill the air around you upon arrival, to the subtle Spanish art and tiles that grace the walls, you sense you are in a special place that blends seamlessly with the local architecture and culture.

www.canarysantabarbara.com or phone (805) 884-0300



Guests of the **Canary Hotel** can enjoy these fine services:



Discounts at luxury spa, **Float**



Complimentary personal shopping services at **Saks Fifth Avenue**



Complimentary access to the **Spectrum Athletic Club**



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