

TRAVEL & TROPICAL MEDICINE



Travel and Tropical
Medicine Center





Mary-Louise Scully, MD

Mary-Louise Scully, M.D. is the Director of the Sansum Clinic Travel and Tropical Medicine Center in Santa Barbara, California.

Dr. Scully did her post graduate training at Yale-New Haven Hospital and Yale University School of Medicine and is Board Certified in Internal Medicine and Infectious Diseases, and certified by the American Society of Tropical Medicine and Hygiene. For 8 years she was a member of the Clinical Faculty at Yale University School of Medicine and an attending physician at the Yale International Health and Travel Clinic.

Dr. Scully is an Associate Editor for the journal *Travel and Tropical Medicine Update*, and serves on the Professional Education Committee of the International Society of Travel Medicine. She is a member of the Board of Directors of the Chad Relief Foundation, a Santa Barbara organization dedicated to improving the living conditions of refugees in southern Chad. Dr. Scully has served as expedition team physician for Jean-Michel Cousteau's Ocean Futures Society, and is a Global Medical Advisor for AmeriCares.

Sansum Clinic Travel and Tropical Medicine Center is a certified Yellow Fever vaccine site. We specialize in all travel-related issues and illnesses including:

- Malaria Prophylaxis and Treatment
- Traveler's Diarrhea
- Mosquito Precautions
- Altitude Illness: Prevention and Treatment
- Parasitic Infections

Our Philosophy

Excellent pre-travel preparation is more than “just getting shots.” Sansum Clinic Travel and Tropical Medicine Center patients are seen by appointment and a typical consultation involves 30 minutes of face-to-face time with a board-certified physician to review the traveler's specific itinerary and the infectious risks associated with that trip. This includes insect transmitted illnesses such as malaria, yellow fever, dengue, and Japanese encephalitis, and food and water illnesses such as Hepatitis A, typhoid, polio, and traveler's diarrhea.

Educating the traveler on how to avoid illness is our goal. Travelers are advised on the importance of personal protection measures against mosquito and tick bites, and proper food and water hygiene to avoid illness. Travelers are provided with their own packet of printed information with specific written information about their country of destination, appropriate maps delineating malaria risk areas, and pre-travel check lists of useful supplies. Specific information on rabies prevention, altitude illness, and water exposure risks are given when appropriate.



Learn Before You Go

A good traveler is an educated traveler. There is access to good information from reliable sources such as the Center for Disease Control (CDC). Travelers can go to the CDC web site www.cdc.gov and follow the links to Traveler's Health to begin to learn more about diseases, country entry requirements, and recommended vaccines.

Be aware, very few vaccinations are “required” but many are “recommended.” **Travelers should get recommended vaccines to protect themselves from illness.** We try to help patients prioritize their protection issues specific to their individual itinerary.

The Travel and Tropical Medicine Center can provide you with other useful resources specific to your particular health situation or travel itinerary.

Appointments

Pre-Travel Consultations

Wednesday and Thursday mornings
8 AM to 12 Noon
Efforts to accommodate special requests will be made if schedule allows.

Post-Travel Consultations

Returning ill travelers and Infectious Disease consultations are scheduled urgently or as needed.

Billing & Payments

Providing prompt care to ill travelers is always a priority. For Travel Related Illness and Infectious Disease Care we bill according to your insurance coverage.

Vaccinations

Every attempt is made to determine if your insurance will cover your travel vaccinations and other pre-travel related care. However, in many cases, vaccines or pre-travel care may not be covered. Payment or co-payment for vaccines or other expenses that are your responsibility are due at the time of the visit.

We accept cash, check, VISA, MasterCard, American Express and Discover.

Sansum Clinic Travel & Tropical Medicine Center

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Sansum Clinic is an independent nonprofit healthcare organization providing the full spectrum of quality healthcare in our community.



A Nonprofit Organization
P.O. Box 1200
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Sansum Clinic is a 501 (c) (3) California Nonprofit Public Benefit Corporation with Clinic locations from Carpinteria to Lompoc and over 150 affiliated physicians.

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