

The Action on Asthma Coalition

Asthma Resource Directory for Santa Barbara County

A REFERENCE GUIDE FOR THOSE WORKING WITH PATIENTS THAT HAVE ASTHMA.

Brought to you by



Action on Asthma Coalition

Educating Families Affected by Asthma

Educando Familias Afectadas por Asma

Empowering and Educating patients and families affected by asthma

With Generous Support From:

The California Endowment

The Hutton Foundation

The Wood-Claeyssens Foundation

Printed September 2005

A Publication of the *Action on Asthma Coalition* (AAC), a Division of the American Lung Association® of Santa Barbara and Ventura Counties.

Copyright Waiver

Since the *Action on Asthma Coalition (AAC)* Asthma Resource Directory is intended to serve as a resource to those concerned about asthma, any part of this directory may be reproduced without seeking permission from the *Action on Asthma Coalition (AAC)*; citation as to source, however, is appreciated.

Disclaimer

The Action on Asthma Coalition (AAC) Asthma Resource Directory is strictly for informational purposes only. All attempts have been made to ensure the accuracy of this directory, however, information changes rapidly. Therefore, the *Action on Asthma Coalition (AAC)* and American Lung Association® of Santa Barbara and Ventura Counties hereby specifically disclaim any liability for loss associated with the use of this directory. In addition, mention of any resources or organization does not constitute endorsement by the *Action on Asthma Coalition (AAC)* or the American Lung Association® of Santa Barbara and Ventura Counties.

For Additional Information

Electronic copies of the *Action on Asthma Coalition (AAC)* Asthma Resource Guide are available. For additional information, contact:

The *Action on Asthma Coalition (AAC)* Coordinator
American Lung Association® of Santa Barbara and Ventura Counties
1510 San Andres Street
Santa Barbara, CA 93101-4104
(805) 963-1426
donna@lungsbvc.org

Table of Contents

Acknowledgements	5
Introduction	6
Asthma Tip Sheets	
➤ Tips for Better Asthma Management	7
➤ Why Doctors Strongly Recommend “Allergen Avoidance” As An Important Part of Allergy Treatment	8
Asthma Resources	
Educational	9
➤ Asthma Educators	10
➤ Camps	
➤ Classes: <i>For children, families, childcare providers and medical providers</i>	11
➤ Educational Materials	13
➤ Professional Education	15
➤ Services Offered to Schools: <i>Daycare, Preschool, K-12</i>	16
Medical	
➤ Clinics in the County- Medical Resource List for Treatment of Asthma	18
➤ Durable Medical Equipment	21
➤ Health Services and Clinical Trials: <i>Screenings, diagnosis, case management and treatment services</i>	22
➤ Specialists for Treatment of Asthma: <i>Allergists & Pulmonologists</i>	26
Other	
➤ Coalitions and Support Groups	27
➤ Online Resources	28

Table of Contents

Patient Assistance Programs / Additional Related Resources:	31
Medication, device assistance, health insurance, energy assistance, and scholarships;	
Tobacco cessation, telephone help-lines, special events, and exercise programs	
National Organizations	36
Revisions/Submission Form	42
Index of Local Organizations Listed	43

Acknowledgements

The *Action on Asthma Coalition (AAC)* Asthma Resource Directory is a publication of the *Action on Asthma Coalition (AAC)*. Funding for this directory was provided by The California Endowment, The Hutton Foundation and the Wood-Claeyssens Foundation. Special thanks to the AAC Education Committee for reviewing and editing this directory.

Action on Asthma Coalition (AAC)

Santa Barbara County Member Organizations:

American Indian Health Services
Community Action Commission
Community Partners in Caring
Cottage Health System
GlaxoSmithKline
Health Linkages
Lincare Inc
Marion Medical Center
Merck Co. Inc.
Sansum-Santa Barbara Medical Foundation Clinic
Santa Barbara City School District
Santa Barbara County Educational Office
Santa Barbara County Public Health Department
Santa Barbara Neighborhood Clinics
Santa Barbara Regional Health Authority
Sepracor

Introduction

What is the *Action on Asthma Coalition (AAC) Asthma Resource Directory*?

Santa Barbara County has a variety of asthma related services and information available but knowing where and how to get these resources may not always be easy. Therefore, the *Action on Asthma Coalition (AAC) Asthma Resource Directory* was developed for the benefit of anyone seeking information about asthma. Whether you have asthma yourself or are interested in assisting others with asthma, this directory will help you easily locate educational materials, classes, patient assistance programs, professional education offerings, websites, and a variety of other local and national asthma resources.

What is the *Action on Asthma Coalition (AAC)*?

The *Action on Asthma Coalition (AAC)* is a division of the American Lung Association of Santa Barbara and Ventura Counties, which consist of over 19 member organizations working to improve the health and quality of life of individuals affected by asthma. Since 1999, the AAC has provided a central forum for asthma information exchange and collaboration on asthma projects. Membership is open to all interested organizations and individuals.

The American Lung Association® is the oldest voluntary health organization in the United States, with a national office and constituent and affiliate associations around the country. Founded in 1901, the American Lung Association® of Santa Barbara and Ventura Counties fights all types of lung disease. Supported by contributions from the public, along with gifts and grants from corporations and foundations, the American Lung Association® of Santa Barbara and Ventura Counties achieves its many successes through the work of thousands of committed volunteers. With a special emphasis on asthma, tobacco control and environmental health, the American Lung Association® of Santa Barbara and Ventura Counties works to improve every breath you take.

What is Asthma?

Asthma is a serious, potentially life-threatening lung disease that has been increasing at alarming rates since 1980. People with asthma have sensitive airways that become irritated more easily than those of people without asthma. During an asthma episode or attack, air does not move freely through the airways, making it difficult to breathe. Symptoms include coughing, difficulty breathing, chest tightness, and wheezing (the whistling sound that occurs when air moves through narrowed airways). Asthma episodes can be triggered by infection (colds, viruses), some medications, allergens (pollens, molds, dust, animals, cockroaches), exercise, weather (cold air, changes in temperature), tobacco smoke, air pollution, strong odors, and emotional stress. According to the American Lung Association, over 20 million Americans currently have asthma of which more than 6 million are children under the age of 18. Asthma hits hardest and disproportionately among low-income, minority, inner-city populations; tends to run in families; is more common in people who have allergies; and may occur at any age, but the onset is more likely in younger individuals. Asthma is the leading cause of school absences and hospitalization among children due to chronic conditions; asthma costs the U.S. economy billions in medical and indirect expenses; and approximately 5,000 Americans die from asthma each year. Most of these deaths are preventable, but due to suboptimal care and a lack of information and awareness, people continue to die needlessly from asthma. While there is no cure for asthma and the cause of the disease is not known, when properly managed, people with asthma can lead healthy and active lives.

Tips For Better Asthma Management

ASTHMA is a serious Chronic illness whose incidence continues to rise in the United States. The important thing to remember about this disease is that it is controllable. The purpose of this guide is to help in finding tools that every individual can use to effectively control their or their child's asthma. The follow things are critical to the good management of asthma:

1. CONSULT WITH YOUR HEALTHCARE PROVIDER

Your doctor can prescribe the right medications that will get and keep your asthma under control. He or She can explain to you how to properly take or administer the medications so that you can receive the greatest benefit from them as possible. Your provider can also teach you how to recognize signs and symptoms of an asthma episode so you can intervene *before* the symptoms get worse.

2. MANAGER YOUR TRIGGERS

Asthma episodes are triggered by or made worse by environmental factors. These factors include *second-hand smoke, dust, pet dander, pollen, mold and cockroaches*. Sometimes asthma episodes can be triggered by cold weather or strong smells like perfumes or cleaning products. By avoiding these triggers, you can avoid the escalation that leads to a full blown asthma attack. Keep track of the environment around you when you do experience an asthma episode. This can help you and your doctor to determine what your personal triggers are and how they can be controlled.

3. HAVE AN ASTHMA ACTION PLAN

An asthma action plan is a written guide, given to you by your healthcare provider, that gives you the information you need to control your asthma. It uses three color zones to instruct you on how and when to use your asthma medications, and instructions on when you need to contact a healthcare professional.

4. TAKE MEDICATION AS PRESCRIBED

- Rescue Medications are medication used to help you when an asthma episode is happening, typically a doctor will list this prescription on your Asthma Action Plan in the Yellow and Red Zones.
- Controller Medications are medications that are used to prevent an asthma episode from happening. They are taken everyday, even when you have no asthma symptoms.

Why Doctors Strongly Recommend "Allergen Avoidance" As an Important Part of Allergy Treatment

Allergy physicians tell us that people are most allergic to dust and dust mites, mold spores, pollens, and animal dander. All of these allergens have two things in common: they are invisible particles that float through the air, and they have to be breathed in to cause allergy symptoms.

A common mistake made by allergy sufferers is to assume that if you can't avoid all the allergens all the time, then there is no point in even trying to avoid them. But, according to some allergy physicians, breathing in airborne allergens is a cumulative problem. Think of your immune system as a bucket. It takes in allergens and starts filling up. The symptoms, however, don't appear until your "bucket" has filled up and begins to overflow. That's when you become miserable. Allergy physicians have many ways of dealing with this problem. High on the list are various environmental controls to help you avoid enough allergens so that your bucket won't overflow. Whether you are allergic to one or several substances, successful avoidance of even one of them can keep your bucket from overflowing.

For example, let's say you have been diagnosed with an allergy to dust mites – the most common allergy of them all. Dust mite allergens are primarily a bedroom problem. By practicing simple avoidance, you can make your bedroom almost free of dust mite allergen. Now, while sleeping, you are not breathing this invisible allergen all night. Result: you may not have symptoms in the morning (stuffy nose, etc.), plus the 8-10 hours of allergen-free air will have given your system a chance to recover so that maybe you can even start the day with an "empty bucket." In the fact, with conscientious, ongoing avoidance measures – coupled with your doctor's other recommendations – your bucket may not reach "overflow" again. **And wouldn't that be nice?**

*For further information on the most commonly recommended "Environmental Controls" please contact
AAC Coordinator at **805-963-1426***

ASTHMA EDUCATORS

Purpose of an Asthma Educator: An asthma educator is an expert in counseling individuals with asthma and their families how to manage their asthma and to minimize its impact on their quality of life.

Robin Dey, RN, RCP, AE-C

Cottage Health Systems
Pueblo At Bath
Respiratory Department
Santa Barbara, Ca 93101
(805) 569-7207

Rani Kokatnur, PNP, AE-C

Sansum-Santa Barbara Medical Foundation Clinic
1225 North H Street
Lompoc, CA 93436
(805) 737-8700

Salina Satterblom, AE-C

Sansum-Santa Barbara Medical Foundation Clinic
Allergy and Immunology Department
215 Pesetas Lane
Santa Barbara, CA 93110 (805) 681-7897
OR
1225 North H Street
Lompoc, CA 93436 (805) 737-8748

CAMPS

Purpose of Camp: The purpose of asthma camp is to provide asthma education and support in a camp environment for children, who because of their asthma might otherwise have difficulty participating in a mainstream camp program.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426

Camp Name: Camp Wheez

Description/Services: Camp Wheez is a day camp for elementary school aged (1st to 6th grade) children with chronic asthma, providing them a camp experience designed for their special needs. The American Lung Association of Santa Barbara and Ventura Counties sponsors this annual program. Camp Wheez provides asthma education, physical development skills, arts & crafts projects, and good old-fashioned camp fun! Our Camp Wheez staff, including the medical professionals, is made up of volunteers from the community.

COST? Nothing! Thanks to the generous support of local community foundations, the American Lung Association can provide this fun-filled camp free of charge.

On Thursday of each camp, families are invited to join us for an informal Parent Workshop. There is a presentation on the proper use of peak flow meters and metered dose inhalers in asthma management and plenty of time to ask those questions families seem to forget while at the doctor's office. Bring any adult involved in the care of children that might benefit from such a session (grandparents, sitters, coaches).

Languages: English, some Spanish translation

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

Consortium on Children's Asthma Camps

Phone: (651) 227-8014

Camp Name: Nationwide Asthma Camps

Description: The purpose of the Consortium is to promote the quality of medical care delivered at existing asthma camps; to provide parameters for asthma education; to promote the development of new asthma camps; to develop initiatives to target high-risk children and give them the opportunity to attend asthma camp. The website describes asthma camps for children across the United States.

Languages spoken: English

Service Area: National

Website: www.alamn.org/asthmacamps

CLASSES:

For children, families, childcare providers and medical providers

Purpose of Classes: To improve patient knowledge of asthma management.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426

Class Title(s): Asthma Educator Institute, Freedom From Smoking (FFS), Freedom From Smoking (FFS) Online, Open Airways For Schools

Class Descriptions: The following classes are offered either free or for a small fee:

- Asthma Educator Institute: A preparatory course for the National Asthma Educator Certification Examination.
- Freedom From Smoking (FFS) Facilitator Workshop: Training for a nationally recognized, six-week adult smoking cessation program (FFS), that provides a group setting designed to help people learn the skills they need to successfully stop smoking.
- Freedom From Smoking (FFS) Online: Free online version of FFS designed for the individual wanting to quit smoking – www.ffsonline.org.
- Open Airways for Schools (OAS): Teaches children, ages 8-11, how to detect the warning signs of asthma, including the environmental factors that can trigger an asthma episode. This program informs students of the actions they must take to help prevent an asthma episode, and empowers them to manage their asthma, with the assistance of parents, teachers, school nurses, and physicians.

Languages spoken: English

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

Sansum-Santa Barbara Medical Foundation Clinic

Phone: (805) 681-7897 (Santa Barbara) / (805) 737-8748 (Lompoc)

Class Title(s): **Live Well with Asthma, DIGMA** (*Doctor Interactive Group Medical Appointment*)

Class Description:

- In addition to medical treatment, Sansum-Santa Barbara offers **Live Well with Asthma**, individualized asthma education by a Certified Asthma Educator. In **Live Well with Asthma**, children and adults come to learn how to best use their medicine, how to use a peak flow meter, why to take a controller, or how to identify and avoid asthma triggers. In this successful program, only 40% of participants have good asthma control at the time of their first visit. After education, the number of participants in good control increases to 75%. People often say "I didn't realize how much education can impact my quality of life".
- **DIGMA** (*Doctor Interactive Group Medical Appointment*) for patients with asthma. DIGMA provides a visit with the allergist, asthma educator, and other people with asthma. *This*

program is offered to patients already established with the allergist. Participants especially appreciate that DIGMA gives them an easy way to see the doctor and educator without waiting for an appointment, and offers support from others living with asthma.

- An **Asthma Registry** was developed, with the grant funding support from the Swanton Foundation, and is used to identify high risk asthma patients of the clinic. These clinic patients receive outreach to help them attain good control of their asthma.

Languages Spoken: English and Spanish

Service Area: Santa Barbara County

Website: www.sansumclinic.org

EDUCATIONAL MATERIALS

Purpose of Materials: To improve patient and community knowledge of asthma and asthma management.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426

Description of Materials: Fact sheets and brochures are available at low or no cost. Topics include childhood, teen, adult, and occupational asthma; asthma device use and management; smoking cessation; general lung health; and indoor and outdoor air quality. Videos are available for check out. Some materials are available in Spanish.

The American Lung Association (ALA) has several e-newsletters including "The Breathe Easy/ Asthma Digest" which includes the latest asthma research news items delivered via email monthly. To subscribe, go to www.lungusa.org/asthma and click on Asthma Publications.

"Asthma Magazine" is a publication for people with asthma who are interested in learning more about their condition and how to manage it. In each issue of Asthma Magazine, individuals will find the "American Lung Association's Asthma News" which is written by ALA and shares new research, advice from experts, and practical tips for the dealing with asthma as well as updates on ALA asthma programs. Asthma Magazine publishes six issues a year. To subscribe, call (800) 654-2452.

"The American Lung Association Family guide to Asthma and Allergies," published in a paperback edition in May 1998, shows individuals how to manage asthma and allergies and lead an active, healthy life. The book can be purchased at Amazon.com and book experts are online at ALA's website.

JayJo Books publishes the following asthma related books: *The ABC's of Asthma*, *Taking Asthma to School*, *ZooAllergy*, and *Taking Asthma to Camp*. The books can be purchased online at www.lungusa.org/asthma and 10% of each sale goes to the American Lung Association.

Languages Spoken: English

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

Sepracor Pharmaceuticals

Phone: (216) 409-6490

Description of Materials: "One Minute Asthma" booklet which overviews asthma, asthma tools, and asthma medications. Other patient education materials are available as well.

Languages Spoken: English/Spanish

Service Areas: National

Starbright

Phone: (800) 315-2580 x5

Description of Materials: The Starbright Asthma CD-ROM game, "Quest for the Code," is free to children with asthma and their families. The interactive adventure game helps teach children, ages 7-15, about asthma and key asthma management concepts in a fun and engaging way. An English and Spanish version is included as well as a comprehensive parent guide for managing childhood asthma.

Languages Spoken: English, Spanish

Service Area: National

Website: www.starbright.org

United States Environmental Protection Agency

Phone: (202) 343-9370

Description of Materials: The United States Environmental Protection Agency provides extensive information and free publications for families and professionals on indoor and outdoor air quality including resources on asthma and the environment, asthma media campaigns, World Asthma Day kits, an asthma speaker's kit, the asthma hotline ((800) 315-8056), and the smoke-free home pledge. Some resources are available in Spanish and other languages.

Languages Spoken: English, Spanish

Service Area: National

Website: www.epa.gov/asthma

PROFESSIONAL EDUCATION

Purpose of Professional Education: To improve adherence to Asthma Management guidelines and improve care of patients with asthma.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426 or (800) LUNG-USA

Professional Education Program: The following facilitator workshops are offered for a fee. Asthma Educator Institute, Freedom From Smoking (FFS), Indoor Air Quality Tools for Schools

Description:

- Asthma Educator Institute: A two-day preparatory course for the National Asthma Educator Certification Examination.
- Freedom From Smoking (FFS) Facilitator Workshop: Training for a nationally recognized, six-week adult smoking cessation program (FFS), that provides a group setting designed to help people learn the skills they need to successfully stop smoking.
- Indoor Air Quality Tools for Schools: A comprehensive program guide designed to help local schools improve indoor air quality. Developed in partnership with the American Lung Association and the Environmental Protection Agency.

Languages Spoken: English

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

SERVICES OFFERED TO SCHOOLS

Daycare, Preschool, K-12

Purpose of Services: To provide quality asthma educational programs to children and staff within a school setting.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426

School Service: Early Childhood Asthma Program, Indoor Air Quality Tools for Schools, Lungs Are For Life School Program, Open Airways For Schools, Not On Tobacco

Description: The following facilitator workshops are offered for a fee:

- Early Childhood Asthma Program featuring "Sesame Street A is for Asthma:" A bilingual multimedia educational effort from the Sesame Workshop and the American Lung Association, made possible by a generous grant from the Prudential Foundation. The program's goals are to build public awareness of the increase of childhood asthma in preschoolers 3-6 years of age and to provide families, and health and child care providers who are caring for young children with asthma.
- Indoor Air Quality Tools for Schools: A comprehensive program guide designed to help local schools improve indoor air quality. Developed in partnership with the Environmental Protection Agency.
- Lungs Are For Life School Program: A smoking prevention/lung health school-based program for grades 4th – 6th.
- Open Airways for Schools: Teaches children, ages 8-11, how to detect the warning signs of asthma, including the environmental factors that can trigger an asthma episode. This program informs students of the actions they must take to help prevent an asthma episode, and empowers them to manage their asthma, with the assistance of parents, teachers, school nurses, and physicians.
- Not On Tobacco (N-O-T): A teen smoking cessation program that includes a ten-session curriculum and four booster sessions conducted by trained facilitators.

Languages Spoken: English

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

Santa Barbara City School District

Phone: (805) 687-2754

Description of Services:

1.)The Santa Barbara Elementary School District has been participating in the "Open Airways for Schools Program" offered by the American Lung Association since 1996. The program teaches children in the 4th-6th grade who have Asthma how to identify their triggers, use their medications properly, to determine the severity of their asthma symptoms, to devise an emergency plan with

their parents, determine how to remain active despite asthma, and to determine whether they are well enough to attend school.

Since 1996, the Santa Barbara Elementary School District has had 350 successfully graduate from the "Open Airways for Schools Program".

2.)The Santa Barbara Elementary School District provides Asthma Education to Preschoolers-Third graders per parent or teacher request using the "A is for Asthma" Program. All programs are offered at the school site at no cost to the family.

3)The District Nurses provide ongoing Asthma education to school staff members including: 1.) What is Asthma?, 2.) What to do if a student has an Asthma episode?, 3.) What is considered an Asthma emergency?, 4.) Proper use of an inhaler (with or without a spacer), peak flow meter, and/or nebulizer, 4.) Proper documentation of Asthma treatments, and 5.) How to determine whether or not the Asthma treatment was effective. The training is followed by a written post-test. Asthma education is offered at both the Elementary and Secondary campuses by credentialed school nurses.

4.) Credentialed school nurses conduct nursing assessments of severe asthmatics in both districts to determine the level of treatment or services the child requires. Some students require 504 accommodation plans or Individualized Education Plans to ensure maximum benefit from their education program in the least restrictive environment.

5.) The Santa Barbara Elementary and Secondary School Districts comply with the AB 2132 Law allowing students to self carry and self administer their inhalers with proper documentation. Health Assistants in the Health office are trained to assist students that require supervision with all their asthma needs.

Languages Spoken: English, Spanish

Service Area: Santa Barbara City School District

CLINICS IN THE COUNTY – MEDICAL RESOURCE LIST FOR TREATMENT OF ASTHMA

Marian Community Clinic (Guadalupe)

4723 West Main Street, Ste. H
Guadalupe, CA 93434 (805) 343-2004

Marian Community Clinic (Santa Maria)

117 West Bunny
Santa Maria, CA 93458 (805) 739-2890

Sansum - Santa Barbara Medical Foundation Clinics:

Allergy and Immunology Department, Asthma Education

215 Pesetas Lane
Santa Barbara, CA 93110 (805) 681-7635

Allergy and Immunology Department, Asthma Education

1225 North H Street
Lompoc, CA 93436 (805) 737-8700

Sansum Clinic

Internal Medicine, Specialty Care
317 West Pueblo Street
Santa Barbara, CA 93105 (805) 681-7500

Foundation Clinic

Internal Medicine, Specialty Care
215 Pesetas Lane
Santa Barbara, CA 93110 (805) 681-7500

Carpinteria Branch

Family Practice, Urgent Care
4806 Carpinteria Avenue
Carpinteria, CA 93013 (805) 566-5080

Goleta Branch

Family Practice
122 South Patterson Avenue
Santa Barbara, CA 93111 (805) 681-1733

Hitchcock Branch

Family Practice, Internal Medicine, Pediatrics, Urgent Care
51 Hitchcock Way
Santa Barbara, CA 93105 (805) 563-6100

Lompoc Branch

Family Practice, Internal Medicine, Urgent Care, Occupational Medicine
1225 North H Street
Lompoc, CA 93436 (805) 737-8700

Occupational Medicine Center

101 South Patterson Ave
Santa Barbara, Ca 93111 (805) 898-3311

Pueblo Primary Care

Family Practice
301 West Pueblo Street
Santa Barbara, CA 93105 (805) 898-3291

State Street Family Practice

1919 State Street, Suite 307
Santa Barbara, CA 93101 (805) 563-6120

Santa Barbara County Public Health Department**Carpinteria Clinic**

Dr. Edelstein
931 Walnut Avenue
Carpinteria, CA 93013 (805) 684-8681 or (805) 560-1050

County Health Clinic – Santa Barbara

315 Camino Del Remedio
Santa Barbara, CA 93110 (805) 681-5488

Franklin County Clinic

1136 E. Montecito Street
Santa Barbara, CA 93103 (805) 568-2099

Lompoc County Clinic

301 North "R" Street
Lompoc, CA 93436 (805) 737-640

New Cuyama Clinic

4711 Highway 166
Cuyama, CA 93254 (661) 766-2550

Santa Maria Clinic

2115 South Centerpoint Parkway
Santa Maria, CA 93455 (805) 346-7230

Santa Barbara Neighborhood Clinics:**Carrillo Community Clinic**

929 Laguna Street
Santa Barbara, CA 93105 (805) 963-1511

Isla Vista Medical Clinic

970 Embarcadero Del Mar

Isla Vista, CA 93117

(805) 968-1511

Westside Neighborhood Clinic

628 West Micheltorena

Santa Barbara, CA 93101

(805) 963-1546

DURABLE MEDICAL EQUIPMENT

Lincare (Santa Barbara)

5973 Encina Rd, Suite 100
Santa Barbara, CA 93117

Phone: (805) 681-0288

Lincare (Santa Maria)

427 West Betteravia
Santa Maria, CA 93455

Phone: (805) 922-8466

Lincare (Oxnard)

1851 Holser Walk, Suite 215
Oxnard, CA 93036

Phone: (805) 485-8248

Description of Services: Educational classes, Materials, Supplies

Languages Spoken: English, Spanish

Service Area: Nationwide

Website: www.lincare.com

HEALTH SERVICES AND CLINICAL TRIALS:

Screenings, diagnosis, case management and treatment services

American Board of Medical Specialties

Phone: (847) 491-9091

Screening/Diagnosis/Treatment Program: Physician Board Certification List

Description: The American Board of Medical Specialties (ABMS) provides a “Who’s Certified” search which allows the general public to obtain a list of physicians certified in a specialty such as allergy and immunology or pulmonology. ABMS has a limit of five free searches in a 24 hour period in the database. The intent of the certification of physicians is to provide assurance to the public that those certified by an ABMS Member Board have successfully completed an approved training program and an evaluation process assessing their ability to provide quality patient care in the specialty.

Languages Spoken: English

Service Area: National

Website: www.abms.org

American College of Allergy, Asthma and Immunology

Phone: (440) 204-7400

Screening/Diagnosis/Treatment Program: Nationwide Asthma Screening Program

Description: A free asthma screening held once a year nationwide. Data varies and is decided by area coordinators. Information is available early summer at www.acaai.org.

Languages Spoken: English

Service Area: Nationwide

Website: www.acaai.org

American Lung Association

Phone: (800) 232-LUNG (Asthma Clinical Research Centers, (800) LUNG-USA (Asthma Profilers)

Screening/Diagnosis/Treatment Program: Asthma Clinical Research Centers, Allergy Patient Profiler, Asthma Patient Profiler, Asthma Professional Profiler

Description:

- The American Lung Association’s Asthma Clinical Research Centers (ACRC) is a network comprised of 19 centers that conduct clinical studies around the country on patients with asthma. The ACRC’s first study found that influenza vaccines are safe for children and adults with asthma. The second study determined that theophylline can be used safely and

effectively at lower doses. Current and upcoming studies include asthma and acid reflux, colds, and soy; and asthma patient education methods.

- The Allergy Patient Profiler is a free, online decision-support tool which; assist patients in understanding treatment options and possible side effects; provides questions to ask a doctor; and creates personalized reports using published medical research papers.
- The Asthma Patient Profiler is a free, online decision-support tool which; assist patients in understanding treatment options and possible side effects; provides questions to ask a doctor; and creates personalized reports using published medical research papers.
- The Asthma Professional Profiler is a similar free online tool that provides more extensive treatment decision options using information from evidence-based, peer-reviewed medical literature.

Languages Spoken: English

Service Area: National

Website: www.lungusa.org

Cottage Hospital

Phone: (805) 569-7214

Screening/Diagnosis/Treatment Program: Yearly Asthma Screening Health Fair

Description: Instruction on the proper care and use of peak flow meters, nebulizers, metered dose inhalers, and other equipment. We also teach patients about their medication, physiology of normal lungs and changes that occur with asthma, asthma action plans, and asthma triggers. In the Emergency Department we also give a follow-up phone call to the patient to see if they have any questions and to make sure they have scheduled an appointment with their physician. This program decreased admissions to the Emergency Department for asthma by 40%

Languages Spoken: English and Spanish

Service Area: Santa Barbara County

Website: www.cottagehealthsystem.org

Cottage Hospital - Parish Nursing

Phone: (805) 879-8828

Screening/Diagnosis/Treatment Program: Parish nurses partner with other local community agencies to provide education and asthma screenings to low income families in Santa Barbara and Isla vista communities.

Languages Spoken: English and Spanish

Service Area: Santa Barbara County

Sansum-Santa Barbara Medical Foundation Clinic

Phone: Asthma Education: 805- 681-7897 (Santa Barbara) or 805-737-8748 (Lompoc)
Allergy & Asthma Dept: 805-681-7635 (Santa Barbara) or 805-737-8700 (Lompoc)
Operator for all services: 805-681-7500 or 800-281-4425

Screening/Diagnosis/Treatment Program: Asthma diagnosis and treatment, ***Live Well with Asthma*** educational program, DIGMA (*Doctor Interactive Group Medical Appointment*)

Description:

Sansum-Santa Barbara Medical Foundation Clinic offers primary care, specialty care, urgent care, occupational medicine and health education at branches throughout Santa Barbara County. Asthma and Allergy specialists include Myron Liebhaber, MD and Zeb Dyer, PA at our Foundation Clinic in Santa Barbara and Liza Presser-Belkin, MD at the Lompoc branch.

In addition to medical treatment, Sansum-Santa Barbara offers ***Live Well with Asthma***, individualized asthma education by a Certified Asthma Educator. In ***Live Well with Asthma***, children and adults come to learn how to best use their medicine, how to use a peak flow meter, why to take a controller, or how to identify and avoid asthma triggers. In this successful program, the number of participants who have good asthma control increases from 40% to 75% after completing the program. People often say "I didn't realize how much asthma education can improve my quality of life".

Languages Spoken: English and Spanish

Service Area: Santa Barbara County

Website: www.sansumclinic.org

Santa Barbara County Office of Education – Health Linkages

Phone: (805) 964-4710 ext 4455

Screening/Diagnosis/Treatment Program:

Description: The Health Linkages program helps to coordinate and provide Asthma Education to State Pre School staff and parents throughout Santa Barbara County. Advocates act as liaisons between the physicians and the site staff.

Health Advocates review physical exam and medical history forms of incoming students, send letters to physicians of student with a diagnosis of Asthma and assist in developing a special care plans. The Health Linkages program coordinates and conducts Health Fairs and Screenings of State Pre School and School Readiness Initiative participants countywide. This year we expanded our screenings to include Asthma. The Health Advocates and American Lung Association Staff sent follow-up letters to the parents of students identified at risk and worked with families to access the services they need.

Languages Spoken: English and Spanish

Service Area: Santa Barbara County

Website:

Santa Barbara Regional Health Authority

Phone: (805) 685-9525x259 (members), (805) 685-9525 x253 (providers)

Disease Management Program: Asthma SMART

Description: The Santa Barbara Regional Health Authority (SBRHA) is a managed care health plan which administers Medi-Cal and other publicly funded programs for the low income population of Santa Barbara County. SBRHA has approximately 55,000 members who are assigned to contracted physicians in Santa Barbara County for their primary medical care. To assist physicians with asthma management, SBRHA has developed the Asthma SMART Program, which focuses on the value of prevention of acute episodes and a practical, data-driven process to support patient compliance with medication and treatment regimens. The program incorporates meaningful financial incentives to providers to support process improvements. This approach integrates 1) a centralized database, including inpatient and outpatient services, and pharmacy data, that will be used to assist the PCPs' coordination of care; 2) member education; 3) local specialist involvement, and 4) community resources.

Languages Spoken: English and Spanish

Service Area: Santa Barbara County (Medi-Cal, Healthy Kids, Healthy Families, PP2, IHSS) and San Luis Obispo County (Healthy Kids and Healthy Families)

Website: <http://www.sbrha.org>

MEDICAL SPECIALISTS FOR TREATMENT OF ASTHMA:

Allergists and Pulmonologists

Allergist: An allergist/Immunologist is a doctor specially trained to manage and treat allergies, asthma, and other immune system problems.

Pulmonologist: A pulmonologist is a doctor who specializes in diagnosis and treatment of conditions related to the lungs and breathing.

Allergy and Asthma Associates

Randy Johnson, MD
1414 South Miller, Ste. 11
Santa Maria, CA 93454 (805) 922-6610

Myron Liebhaber, MD (Allergist) & Zeb Dyer, PA

Sansum-Santa Barbara Medical Foundation Clinic
Allergy and Immunology Department
215 Pesetas Lane
Santa Barbara, CA 93110 (805) 681-7635

Liza Presser-Belkin, MD (Allergist)

Sansum-Santa Barbara Medical Foundation Clinic
1225 North H Street
Lompoc, CA 93436
(805) 737-8700

Vincent Tubiolo, M.D. (Allergist)

2320 Bath Street
Santa Barbara, CA 93105

Jeffrey Kupperman MD, Ron Ungerer MD, Rob Wright MD (Pulminologists)

2403 Castillo St., #206
Santa Barbara, CA 93105
(805) 898-8840

Richard Belkin, MD, Harry Flaster MD & Arnold B Gorin, MD (Pulminologists)

Sansum Santa Barbara Foundation Clinic
215 Pesetas Lane
Santa Barbara, CA 93110
(806) 681-7630

COALITIONS AND SUPPORT GROUPS

Purpose of Coalition: Empowering and Educating patients and families affected by asthma.

American Lung Association of Santa Barbara and Ventura Counties

Phone: (805) 963-1426

Coalition/Support Group: Action on Asthma Coalition (AAC)

Description: The Action on Asthma Coalition is Santa Barbara and Ventura Counties' central coordinating agency for organizations and individuals concerned about asthma. The AAC provides asthma information through a World Asthma Day newsletter, resource directory, and networking opportunities. The Coalition's mission is to improve the health and quality of life of individuals affected by asthma.

Languages Spoken: English

Service Area: Santa Barbara and Ventura Counties

Website: www.alasbvcevents.org

ONLINE RESOURCES

American Thoracic Society (ATS)

Internet: <http://www.thoracic.org>

Government Relations Office

1726 M Street, NW, Suite 902
Washington, DC 20036
(202) 785-3355 Fax (202) 452-1805

Gary Ewart, Assistant Director, Research and Health Advocacy
Brian Knight, Administrative Assistant

E-mail addresses are: first initial of first name followed by last name @ thoracic.org (i.e.,
gewart@thoracic.org)

Allergy and Asthma Network/Mothers of Asthmatics, Inc.

2751 Prosperity Ave., Suite 150
Fairfax, VA 22031-4397
(800) 878-4403 or (703) 461-9595
Internet: <http://www.aanma.org>

American Academy of Allergy, Asthma and Immunology (AAAAI)

611 East Well Street
Milwaukee, WI 53202
(414) 272-6071 (800) 822 2762
Internet: <http://www.aaaai.org/>

American Academy of Pediatrics (AAP)

141 Northwest Point Boulevard
Elk Grove Village, IL 60007
(800) 433-9016
Internet: <http://www.aap.org/>

American Association for Respiratory Care (AARC)

11030 Ables Lane
Dallas, TX 75229-4593
(972) 243-2272
Internet: <http://www.aarc.org/>

American College of Allergy, Asthma and Immunology (ACAAI)

Suite 550, 85 West Algonquin Road
Arlington Heights, IL 60005
(800) 842-7777 or (847) 427-1200
Internet: <http://allergy.mcq.edu/>

Asthma and Allergy Foundation of America

1233 Twentieth Street, NW, Suite 402
Washington, DC 20036
(202) 466-7643 (800) 7 ASTHMA
Internet: <http://www.aafa.org/>

Asthma Information Center

The Journal of the American Medical Association

Internet: <http://www.ama-assn.org/special/asthma/asthma.htm>

Center for Disease Control & Prevention (CDC)**Public Inquiries**

(404) 639-3534

(800) 311-3435

1600 Clifton Rd. Atlanta, GA 30333

Internet: <http://www.cdc.gov/nceh/programs/asthma/default.htm>

Healthy Kids: The Key to Basics

Educational Planning for Students With Asthma and Other Chronic Health Conditions

79 Elmore Street

Newton, MA 02159-1137

(617) 965-9637

Healthy People 2010

Department of Health and Human Services

Internet: <http://www.health.gov/healthypeople/>

HelpingPatients.org

The Partnership for Prescription Assistance

Internet: www.helpingpatients.org

Indoor Air Quality Information Clearinghouse

(800) 438-4318

Internet: <http://www.epa.gov/iaq/>

Kaiser Family Foundation

Internet: <http://www.kff.org>

National Association of School Nurses (NASN)

Lampighter Lane

Box 1300

Scarborough, ME 04074

(207) 883-2117

Internet: <http://www.nasn.org/>

National Asthma Education and Prevention Program (NAEPP)

National Heart, Lung and Blood Institute Information Center

P.O. Box 30105

Internet: <http://www.nasn.org/>

National Asthma Education and Prevention Program (NAEPP)

National Heart, Lung and Blood Institute Information Center

P.O. Box 30105

Bethesda, MD 20824-0105

(301) 251-1222

Internet: <http://www.nhlbi.nih.gov/index.htm>

NAEPP materials include:

- Managing Asthma: A Guide for Schools
- Asthma Awareness Curriculum for the Elementary Classroom

- Asthma and Physical Activity in the School
- Making a Difference: Asthma Management in the School (video)
- Your Students With Asthma Can Be Winners, Too! (Poster)

National Educational Association (NEA)

2101 16th Street, NW
Washington, DC 20036
(202) 833-4000
Internet: <http://www.nea.org/>

National Institute for Occupational Safety and Health (NIOSH)

Internet: <http://www.cdc.gov/niosh/topics/asthma/>

National Jewish Medical and Research Center

1400 Jackson Street
Denver Colorado 80206
Lung Line 1-800-222-LUNG
Internet: <http://www.nationaljewish.org/pa/newsnet.htm>

U.S. Department of Education

Office for Civil Rights, Customer Service Team
Mary E. Switzer Building
330 C Street, SW
Washington, DC 20202-1328
(800) 421-3481 or (202) 205-5413
Internet: <http://www.ed.gov/offices/OCR/>

U.S. Environmental Protection Agency (EPA)

Indoor Environments Division
401 M Street, SW (6604J)
Washington, DC 20460
(202) 233-9370
Indoor Air Quality Information Clearinghouse
(800) 438-4318
Internet: <http://www.epa.gov/iaq/>

Volunteers in Health Care (VIH)

Assistance Programs
Internet: www.rxassist.org
(877) 844-8442

PATIENT ASSISTANCE PROGRAMS: ADDITIONAL RELATED RESOURCES:

American Society of Health-System Pharmacists Asthma Medications for Indigent Patients

Description of Service: Lists detailed information on pharmaceutical company programs offering medication at low or no cost to individuals who qualify based upon income.

Phone: (301) 657-3000

Service Area: National

Website: www.ashp.org/homecare/asthma-resource.cfm

Company	Products	Phone Number
3M Pharmaceuticals	Maxair Autohaler, theolair	(800) 328-0255
AstraZeneca	Accolate, Pulmicort Respules, Rhinocort, Pulmicort Turbuhaler	(800) 424-3727
Aventis Pharmaceuticals	Allegra, Allegra-D, Azmacort, Nasacort, Nasacort AQ	(800) 221-4025
Boehringer Ingelheim Pharmaceuticals	Atrovent MDI, Combivent MDI	(800) 556-8317
Forest Pharmaceuticals, Inc.	Aerobid Inhaler, Aerobid M Inhaler, Aerochamber, Aerochamber Mask, Theochron TM	(800) 851-0758
GlaxoSmithKline, Inc.	Advair Diskus, Beconase AQ, Flonase, Flovent, Serevent Diskus, Ventolin HFA	(866) 728-4368
Merck & Company, Inc.	Singulair	(800) 994-2111
Pfizer Inc.	Zyrtec	(800) 707-8990
Schering Labs/Key Pharmaceuticals	Foradil Aerolizer, Proventil MDI, Proventil HFA, Proventil Nebulizer Solution	(800) 656-9485

Area Agency on Aging

Description of Service: Provides information about community-based medication assistance programs

Phone: 800-877-1116

Languages Spoken: English

Service Area: National

Website: www.eldercare.gov

Associates of the American Academy of Allergy, Asthma & Immunology

Description of Service: "Award of Excellence" scholarship program for high school seniors with asthma planning to attend college.

Phone: 414-272-6071

Languages Spoken: English

Service Area: National

Website: www.aaaai.org , click on patient/public resource center

Centers for Medicare & Medicaid Services (CMS)

Description of Service: The Prescription Drug and Other Assistance Programs section of Medicare.gov provides information on public and private programs that offer discounted or free medication, help with other health care costs, and prescription coverage Medicare health plans.

Phone: 877-267-2323

Languages Spoken: English

Service Area: National

Website: www.medicare.gov/prescription/home.asp

Drug Discount Cards

Description of Service: Some drug manufacturers offer drug discount cards for the elderly and disabled.

Phone:

GlaxoSmithKline's Orange Card: 888-ORANGE-6 (672-6436)

Eli Lilly's, LillyAnswers Card: 877-RX-LILLY (795-4559)

Novartis' Care Card: 866-974-CARE (2273)

Pfizer's Share Card: 800-459-4156

Together Rx Card: 800-865-7211 (Can be used on products from Abbott Laboratories, AstraZeneca, Aventis Pharmaceuticals, Bristol-Meyers Squibb, GlaxoSmithKline, Janssen, Johnson & Johnson, Novartis, and OrthoMcNeil)

Languages Spoken: English

Service Area: National

Website:

National Council on the Aging (NCOA)

Description of Service: BenefitsCheckUp, a program of NCOA, helps thousands every day to find programs for people ages 55 and over that may pay for some costs of prescription drugs, health care, utilities, and other essential items or services.

Phone: 202-479-1200

Languages Spoken: English
Service Area: National
Website: www.benefitscheckup.org

Nonprofit Warehouse -- Prescription Drug Discount Program

Description of Service: Offers a drug discount card program to any individual regardless of age or income, allowing the card holder to receive discounts on prescriptions at participating pharmacies or through mail order.

Phone: 770-541-7777

Languages Spoken: English
Service Area: National
Website: www.nonprofitwarehouse.com

PhRMA – Helping Patients.org

Description of Service: HelpingPatients.org is an interactive website that provides a comprehensive one-stop link to thousands of medicines offered through hundreds of patient assistance programs sponsored by member companies, non-member companies, government, and local organizations. The Directory of Prescription Drug Patient Assistance Programs lists company programs that provide drugs to physicians whose patients could not otherwise afford them. Copies of the directory can be obtained online at www.phrma.org or by calling 800-762-4636.

Phone: 202-835-3400

Languages Spoken: English
Service Area: National
Website: www.helpingpatients.org

Veteran's Administration

Description of Service: Veterans and current members of the military and their families may be eligible for discounts and assistance.

Phone: 877-222-8387

Languages Spoken: English
Service Area: National
Website: www.va.gov

Additional Related Resources

American Lung Association of Santa Barbara and Ventura Counties

Phone:

Related Program/Service:

Description:

Languages Spoken: English

Service Area: Santa Barbara and Ventura Counties

Website:

Asthma and Allergy Foundation of America

Phone: 800-7-ASTHMA

Related Program/Service: Asthma and Allergy Awareness Month

Description: The Asthma and Allergy Foundation of America (AAFA) provides free materials for Asthma and Allergy Awareness month, observed each May. Asthma information can be downloaded free of charge from the AAFA website or a resource packet can be sent via mail. AAFA is the premier patient organization dedicated to improving the quality of life for people with asthma and allergies and their caregivers, through education, advocacy, and research.

Languages Spoken: English

Service Area: National

Website: www.aafa.org

Global Initiative for Asthma

Phone:

Related Program/Service: World Asthma Day

Description: World Asthma Day (WAD) is held annually on the first Tuesday of May and is organized by the Global Initiative for Asthma (GINA), a collaborative project of the National Heart, Lung, and Blood Institute. GINA provides WAD tips for gaining media attention, regional press releases that can be adapted with local statistics from the Global Burden of Asthma Report, and an email newsletter

Languages Spoken: English

Service Area: International

Website: www.ginasthma.com

United States Environmental Protection Agency

Phone: 800-315-8056 (Asthma Hotline); 312-866-6053 or 800-621-8431 (World Asthma Day)

Related Program/Service: Asthma Hotline, World Asthma Day Event Planning Kit

Description: The Asthma Hotline is a free telephone service for individuals wanting to speak with an Asthma Information Specialist. Call Monday through Friday 9am-5pm.

The World Asthma Day (WAD) Event Planning Kit has ideas for planning events in schools, hospitals, libraries, state capitol Buildings, and other community settings and includes a sample proclamation, press release, local and regional contact lists, a WAD event listing form, and a WAD materials ordering form. WAD is held annually on the first Tuesday of May.

Languages Spoken: English, Spanish

Service Area: National

Website: www.epa.gov/iaq/asthma

NATIONAL ORGANIZATIONS

Allergy and Asthma Network Mothers of Asthmatics, Inc. (AANMA)

3554 Chain Bridge Rd., Suite 210
Fairfax, VA 22030

Phone: 800-878-4403

Fax: 703-385-4403

Description: Founded in 1985, AANMA is a national nonprofit network of families whose desire is to overcome, not cope with, allergies and asthma. AANMA's Allergy & Asthma Today magazine, THE MA REPORT newsletter, e-news updates, toll-free help line, community awareness programs, and the neighborhood website, Breatherville, USA are just a few ways AANMA connects you to the news you need.

Languages Spoken: English, Spanish

Email:

Website: www.aanma.org

American Academy of Allergy, Asthma & Immunology (AAAI)

611 East Wells St.
Milwaukee, WI 53202

Phone: 414-272-6071

Fax: 414-272-6070

Description: Brochures are available at low cost covering childhood, exercise-induced, and occupational asthma and other related topics such as pregnancy, triggers, medication, and peak flow meters. Brochures are also available on allergies, health plans, research trials, traveling, and much more. Materials are available in English or Spanish and numerous videos on asthma and related topics can be purchased for \$25 a piece. Health Educators may purchase teaching slides. "Award of Excellence" scholarship program is open to high school seniors with asthma applying to college.

Languages Spoken: English

Email: info@aaaai.org

Website: www.aaaai.org

American College of Allergy, Asthma and Immunology (ACAAI)

85 West Algonquin Rd., Suite 550
Arlington Heights, IL 60005

Phone: 800-842-7777

Fax: 708-427-1200

Description: The American College of Allergy, Asthma and Immunology is an organization of allergists, immunologists, and related healthcare professionals dedicated to quality patient care through research, advocacy and professional and public education.

Languages Spoken: English

Email:

Website: www.acaai.org

American Lung Association (ALA)/ American Thoracic Society (ATS)

1740 Broadway AVE.
New York, NY 10019

Phone: 800-LUNG-USA

Fax:

Description: The American Lung Association is the oldest voluntary health organization in the United States. Through research, education, community service and advocacy, the ALA works to prevent lung disease and promote lung health, emphasizing asthma, tobacco control, and environmental health. ALA offers asthma education services through a national network of more than 200 local and state offices which provide publications, support groups, community-based and school asthma programs, and camps. The ATS is the medical section of the ALA and provides clinically oriented information for practitioners.

Languages Spoken: English

Email:

Website: www.lungusa.org

Asthma & Allergy Foundation of America (AAFA)

1233 20th Street NW, Suite 402
Washington, DC 20036

Phone: 800-7-ASTHMA

Fax:

Description: AAFA, a not-for-profit organization founded in 1953, provides practical information, community based services, support, and referrals through a national network of chapters and educational support groups. AAFA also sponsors research toward better treatments and a cure for asthma and allergic diseases.

Languages Spoken: English

Email: info@aafa.org

Website: www.aafa.org

Centers for Disease Control and Prevention (CDC) National Center for Environmental Health (NCEH)

1600 Clifton Rd.
Atlanta, GA 30333

Phone: 888-232-6789

Fax:

Description: Asthma information can be obtained from the National Center for Environmental Health(NCEH), a division of the Centers for Disease Control and Prevention working to prevent illness, disability, and death from interaction between people and the environment. Most materials are geared towards professionals and include factsheets, national and state data, a speaker's kit, conference information, legislation and policy issues, and asthma interventions. Some materials are available in Spanish.

Languages Spoken: English

Email:

Website: www.cdc.gov/nceh/airpollution/asthma

Channing Bete Company

One Community Place
South Deerfield, MA 1373

Phone: 888-834-6633

Fax: 800-329-2939

Description: Self-care handbooks and fact booklets are available at low cost on childhood, general, and adult asthma; common triggers, warning signs, and medication. Self-care handbooks include step by step instructions for inhalers, nebulizers, and spacers; an asthma diary; peak flow score sheets; and an exercise plan. Some materials are available in Spanish and translation into additional languages is possible.

Languages Spoken: English

Email:

Website: www.channing-bete.com

Food Allergy & Anaphylaxis Network (FAAN)

4744 Holly Ave.
Fairfax, VA 22030-5647

Phone: 800-929-4040

Fax: 703-691-3179

Description: The Food Allergy & Anaphylaxis Network (FAAN) was established in 1991. FAAN's membership now stands at more than 25,000 worldwide and includes families, dietitians, nurses, physicians, schools staff, representatives from government agencies, and the food and pharmaceutical industries. FAAN serves as the

communication link between the patient and others and works to build public awareness of food allergy through media, education, publishing, advocacy, and research efforts.

Languages Spoken: English

Email:

Website: www.foodallergy.org

National Asthma Educator Certification Board (NAECB)

1150 18th St. NW, Suite 900
Washington, DC 20036

Phone: 202-785-3355

Fax:

Description: The National Asthma Educator Certification Board (NAECB) has been incorporated as a not-for-profit organization with the mission "to promote optimal asthma management and quality of life among individuals with asthma, their families, and communities by advancing excellence in asthma education through the Certified Asthma Educator process." AE-C certification is the official designation of a certified asthma educator who has the necessary knowledge and skills to counsel patients in asthma management and has successfully passed the NAEB exam. The NAECB exam is a voluntary testing program used to assess qualified health professionals knowledge in asthma education. The exam is taken on a computer and has a fee.

Languages Spoken: English

Email:

Website:

National Heart, Lung, and Blood Institute (NHLBI) National Asthma Education and Prevention Program (NAEPP)

P.O. Box 30105
Bethesda, MD 20824-0105

Phone: 310-592-8563

Fax: 310-592-8563

Description: The National Asthma Education and Prevention Program (NAEPP) was initiated in March 1989 to address the growing problem of asthma in the United States. The NAEPP is administered and coordinated by the National Heart, Lung and Blood Institute (NHLBI). The NAEPP works with intermediates including major medical association, voluntary health organizations, and community programs to educate patients, health professionals, and the public. Asthma materials, some in Spanish, are available for both professionals and the general public.

Languages Spoken: English

Emails:

Website: www.nhlbi.nih.gov

The Soap and Detergent Association

1500 K St. NW, Suite 300
Washington, DC 20005

Phone: 202-347-2900

Fax: 202-347-4110

Description: A non-profit trade association that provides information and brochures on cleaning and asthma at no cost. Some brochures are available in Spanish and Vietnamese.

Languages Spoken: English

Email: info@cleaning101.com

Website: www.sdahq.org or www.cleaning101.com

Starbright

11835 West Olympic Blvd., Suite 500
Los Angeles, CA 90064

Phone: 800-315-2580

Fax:

Description: Starbright is a non-profit organization dedicated to the creation and distribution of programs that empower children with serious illness to better manage their disease. Starbright provides an asthma CD-ROM game, "Quest for the Code," free of charge to children with asthma and their families.

Languages Spoken: English, Spanish

Email:

Website: www.starbright.org

United States Environmental Protection Agency (US EPA)

PO Box 37133
Washington, DC 20013-7133

Phone: 800-438-4318

Fax:

Description: US EPA provides extensive information and free publications for families and professionals on indoor air quality including resources on asthma and the environment, asthma media campaigns, World

Asthma Day Kits, an asthma speaker's kit, the asthma hotline (800-315-8256), and the smokefree home pledge. Some resources are available in Spanish and other languages.

Languages Spoken: English, Spanish

Email: iaquinfo@aol.com

Website: www.epa.gov/iaq/asthma

Association of Asthma Educators

1215 Anthony Avenue
Columbia, SC 29201-1701

Phone: 888-988-7747

Fax:

Description: The primary purpose of the Association of Asthma Educators (AAE) is to promote asthma education as an integral comprehensive asthma program, to raise the competence of health care professionals who educate individuals and families affected by asthma, and to raise the standard of care and quality of asthma education delivered to those with asthma.

Languages Spoken: English

Email:

Website: www.asthmaeducators.org

Santa Barbara County Asthma Resource Directory Revision/Submission Form

Thank you for using *The Asthma Resource Directory for Santa Barbara County*. In order to keep the directory up to date, please let us know if any contact information or resources are listed incorrectly, or if your organization and/or asthma related resource is not listed. Please avoid abbreviations and jargon, type or print legibly, and attach additional pages as needed. Questions, call (805) 963-1426.

Check the Following that Pertain to Your Organization and Provide Additional Information Below:

There is an error on the following page number(s). Please correct the error to: _____

My organization's information has changed. Please update it with the new information listed below.

My organization is currently not listed but has asthma related resources. Please add the listing below.

Organization Information:

Name of Your Organization: _____

Office/Department (if applicable) _____

Address: _____

City, State, ZIP: _____

Phone: (_____) _____ Fax: (_____) _____

E-mail: _____ Website: _____

Languages Spoken: _____

Service Area (check all the apply): North County South County Both Counties City: _____

Resource Information:

Educational

	Asthma Educators	Camps	Classes	Materials	Professional Education	Services offered to Schools	Additional Related Resources
Resource:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Resource Name: _____

Description (include fees, eligibility, languages, etc.): _____

Medical

	Clinics	Durable Medical Equipment	Health Services and Clinical Trials	Specialist	Additional Related Resources
Resource:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Resource Name: _____

Description (include fees, eligibility, languages, etc.): _____

Other

	Coalition and support groups	Online resources	Patient Assistance Programs	Additional Related Resources
Resource:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Resource Name: _____

Description (include fees, eligibility, languages, etc.): _____

Please Send to the:

Action on Asthma Coalition (AAC) - Santa Barbara
 American Lung Association of Santa Barbara & Ventura Counties
 1510 San Andreas Street
 Santa Barbara, CA 93103-4104
 Fax: (805) 962-2843

INDEX

ORGANIZATION	PAGE
<u>A</u>	
Allergy and Asthma Associates.....	26
Allergy and Asthma Network/Mothers of Asthmatics, Inc.....	28, 37
American Academy of Allergy, Asthma and Immunology (AAAAI).....	28, 37
American Academy of Pediatrics (AAP).....	28
American Association for Respiratory Care (AARC).....	28
American Board of Medical Specialties.....	22
American College of Allergy, Asthma and Immunology.....	22, 28, 37
American Lung Association	22, 38
American Lung Association of Santa Barbara and Ventura Counties.....	10, 11,13,15,16,27,35
American Thoracic Society (ATS).....	28, 38
American Society of Health-System Pharmacists.....	31
Area Agency on Aging.....	31
Associates of the American Academy of Allergy, Asthma & Immunology.....	32
Association of Asthma Educators.....	42
Asthma and Allergy Foundation of America.....	29, 35, 38
Asthma Information Center.....	29
<u>B</u>	
<u>C</u>	
Center for Disease Control & Prevention (CDC).....	29, 39
Centers for Medicare & Medicaid Services (CMS).....	32
Certified Asthma Educators.....	9
Channing Bete Company.....	39
Consortium on Children’s Asthma Camps.....	10
Cottage Hospital.....	23
<u>D</u>	
Drug Discount Cards.....	32
<u>E</u>	
<u>F</u>	
Food Allergy & Anaphylaxis Network (FAAN).....	40
<u>G</u>	
Global Initiative for Asthma.....	35
<u>H</u>	
Healthy Kids: The Key to Basics.....	29
Healthy People 2010.....	29
HelpingPatients.org.....	29
<u>I</u>	
Indoor Air Quality Information Clearinghouse.....	29

J

<u>K</u>	
Kaiser Family Foundation.....	29
<u>L</u>	
<u>M</u>	
Marian Community Clinic.....	18
<u>N</u>	
National Association of School Nurses (NASN).....	29
National Asthma Education and Prevention Program (NAEPP).....	29, 41
National Asthma Educator Certification Board (NAECB).....	40
National Council on the Aging (NCOA).....	33
National Educational Association (NEA).....	30
National Heart, Lung, and Blood Institute (NHLBI).....	41
National Institute for Occupational Safety and Health (NIOSH).....	30
National Jewish Medical and Research Center.....	30
Nonprofit Warehouse -- Prescription Drug Discount Program.....	33
<u>O</u>	
<u>P</u>	
PhRMA – Helping Patients.org.....	33
Parish Nursing	23
<u>Q</u>	
<u>R</u>	
<u>S</u>	
Sansum-Santa Barbara Medical Foundation Clinic.....	11, 18-19, 24
Santa Barbara County Office of Education – Health Linkages.....	24
Santa Barbara County Public Health Department.....	19-20
Santa Barbara Neighborhood Clinics.....	20
Santa Barbara Regional Health Authority.....	25
Santa Barbara Unified School District.....	16
Sepracor Pharmaceuticals.....	13
Soap and Detergent Association.....	41
Starbright.....	14, 41
<u>T</u>	
<u>U</u>	
United States Department of Education.....	30
United States Environmental Protection Agency (EPA).....	14, 30, 35, 42
<u>V</u>	
Veteran’s Administration.....	34
Volunteers in Health Care (VIH).....	30

W

X

Y

Z